

YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Senior Center of Excellence

November 2015



Seniors' Health Insurance Information Program
Insurance Commissioner Wayne Goodwin

NEWS

855-408-1212 • www.ncshiiip.com

Do You Need Help Paying for Your Prescriptions?

Do you ever have difficulty paying for your prescription drugs? Do you have limited income and assets? If you answered "yes" to either of these questions and you are a person with Medicare, Extra Help may be available for you.

The federal Low-Income Subsidy (LIS) program, also known as Extra Help, assists qualified Medicare beneficiaries with out-of-pocket expenses associated with Medicare Part D prescription drug expenses. There are more than 70,000 Medicare beneficiaries in North Carolina who may be eligible for this program but have yet to apply. The Seniors' Health Insurance Information Program—or SHIIP—is a division of the N.C. Department of Insurance that can help beneficiaries understand and apply for this assistance.

"Many Medicare beneficiaries are not aware that this assistance program is available to them," said Insurance Commissioner Wayne Goodwin. "SHIIP can help people with Medicare understand what they may be qualified to receive."

To qualify for Extra Help, a Medicare beneficiary must meet certain income, resource and asset level requirements. The income and asset limits for Extra Help are \$1,471.25 per month with assets up to \$13,640 if you are single, and \$1,991.25 per month with assets up to \$27,250 if you are married.

Income includes monthly earnings, Social Security and Veterans' benefits, disability payments, cash contributions, retirements and pensions. Resources and assets include the value of items that the person owns, such as cash, stocks, bonds, retirement accounts, the value of a second car, boats and any real property that is not the primary residence and does not produce income. Resources do not include appliances and other household furnishings, clothing or other personal items, such as jewelry. Assets excluded from the evaluation process are a home, all property attached to the home, personal belongings, one vehicle and irrevocable burial contracts and plots.

Individuals who qualify for these programs will receive Extra Help with their Medicare Part D prescription drug plans at the 100 percent level. This means they will pay a reduced co-pay of \$2.65 for generic drugs and \$6.60 for name-brand drugs, as well as lower monthly premiums.

When you apply for Extra Help through Social Security's website, you can also choose the option to apply for Medicare Savings Programs during the online application process. The SHIIP office can assist you with applying online for the Extra Help program and, subsequently, the Medicare Savings Programs through the Social Security Administration website at www.socialsecurity.gov. Medicare beneficiaries may also apply online themselves or by contacting the Social Security Administration at 1-800-772-1213.

SHIIP, a division of the North Carolina Department of Insurance, has volunteers in all 100 counties in North Carolina who offer one-on-one counseling and provide free, unbiased information about Medicare, Medicare supplements, Medicare Part D, Medicare Advantage and health plan options and long-term care insurance. To contact SHIIP, call 1-855-408-1212 or visit www.ncshiiip.com.

What's Happening...

Thursday, November 5th - Day Trip to Shatley Springs

Tuesday, November 10th - Widow/Widower's Holiday Dinner with Special Guests

Friday, November 13th - Cody Hayden graduates Air Force Boot Camp at Lackland Air Force Base in San Antonio, Texas!!! So PROUD of him!

Monday, November 16th - Senior Supper Chicken Stew with a performance by The Wilkes Seniors. Bring a drink, crackers or dessert. This is an event you don't want to miss!

Reminders:

Bingo EVERY MONDAY at 10:30

Senior Chorus 1st & 3rd Thursday

Nail trimming 1st and 3rd Thursday, by appointment

The Senior Center will be closed November 4th, 11th, 26th and 27th.

Upcoming :

Holly Jolly Christmas Show

Sponsored by:

Monday, December 7th

5:00—8:00 p.m.

Yadkin Cultural Arts Center

Tickets: \$10.00 - includes dinner and some amazing shows! Tickets are available at your local Senior Centers now!



Honoring all
who have served
in the U.S.
Armed Forces

Happy
Veteran's Day



207 East Hemlock Street Yadkinville, NC 27055 •
336.679.3596

November 2015

MON	TUE	WED	THU	FRI
2 10- Journal Now 10:30–Nutrition Bingo 12:30- Crochet 12:30-Art Craft 3- Line Dance \$5 6-Zumba \$4	3 CLOSED For Voting	4 9-Computer Zone 10– Walking 10-Pencil Color 12:30- Matter of Balance 6-Zumba \$4	5 8-Shatley Springs Trip 10– Senior Chorus 1– Pegs & Jokers 2– Bingo @ UMC 6-Rook	6 9-Relaxation Station 10– Walking 11– Yadkinville Fire Dept. & Fire Safety with Alan Dunn
9 7:45– Leave for Myrtle 10- Journal Now 10:30–Healthy Bingo 12:30- Crochet 3- Line Dance \$5 6-Bee Association	10 10-Quilting 11-Brain Power* 12-Knitting @ YCL 2– Quilters Guild 6- Widow Holiday Supper w/special guests	11 CLOSED Veteran’s Day	12 9-Local Yokel 11-Sheriff’s Dept. with Dept. Diaz 1-Pegs & Jokers 6-Yadkin Deaf Bible Study 6-Rook	13 9-Relaxation Station 10– Walking 11– Fellowship (Air Force Graduation) 
16 10- Journal Now 10:30–Wellness Bingo 12:30- Crochet 3- Line Dance \$5 6 - Senior Supper Chicken Stew Entertainment by The Wilkes Seniors	17 10-Birthday Party w/Live Band 10– Quilters 11– Brain Power* 12-Knitting @ YCL	18 9-Computer Zone 10– Walking 10-Pencil Color 11– I am Thankful 6-Zumba \$4	19 9-Local Yokel 10-Senior Chorus 11 - Yadkin Valley Pharmacy 1-Pegs & Jokers	20 9 - Relaxation Station 10– Blood Pressure Checks 11 - Mt. Valley Hospice w/ Amy Wilhelm
23 10- Journal Now 10:30–Senior Bingo 12:30- Crochet 3- Line Dance \$5 6-Zumba \$4	24 11-Brain Power* 12-Chamber Luncheon 12-Knitting @ YCL 2– Quilting 6-Historical Society	25 9-Computer Zone 10– Walking 10-Pencil Color 11 - Cooperative Extension w/Marilyn Wells	26 CLOSED 	27 CLOSED
30 10- Journal Now 10:30–Cigna Bingo 12:30- Crochet 3- Line Dance \$5 6-Zumba \$4	Lunch is served daily at 11:30 for ages 60 & older. You must be registered. Contact Alan Moxley, Nutrition Site Manager for more information.			



Mission Statement: “To improve or maintain independent wellness for the older adult through advocacy and vigorous programming.”

