

# YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Senior Center of Excellence

May 2015

## What's Happening @ the Senior Center

NEW

If you have served in the ARMED FORCES of the United States of America you are invited to attend OPERATION HOME FRONT Casual Meetings to connect, recognize, and support our local HERO'S.

Sponsored by Mountain Valley Hospice

3rd Wednesday each month starting May 20th

10:00 - 11:00 a.m. at The Yadkin County Senior Center

Senior Games - Friday, May 1st at 10:00 a.m. - OPENING CEREMONIES at Surry Community College in Dobson, NC

Beginner's Line Dance Classes - Every Monday at 3:00 p.m. Cost is \$5.00 per person

Senior Supper Potluck - Tuesday, May 19th at 6:00 p.m. Live Music. Bring your favorite food or dessert to share.

Floral Arrangement - Sign ups are limited. Boonville Florist will be teaching us how to put together a silk arrangement. It will be yours to keep. Cost is \$5.00



ONLY \$25.00  
per person

Monday, May 11th

A Day AT BB&T BALLPARK

11:00 a.m. vs. Myrtle Beach Pelicans

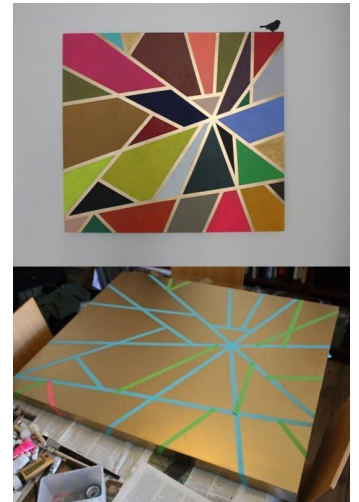
(Will leave from the Senior Center at 10:00 a.m.)

Our Newsletter can be found on the YVEDDI website. Click on the senior center tab then arrow down to senior center of your choice There you will find the latest newsletters. You can also like YVEDDI on FACEBOOK.

### YADKIN ARTS CRAFT PROJECT

1st Tuesday EVERY month

12:30 PM



This project is offered at no cost courtesy of the Yadkin Cultural Arts Center.



Yadkin County Senior Center  
207 East Hemlock Street  
Yadkinville, NC 27055  
336.679.3596

# MAY 2015

Mon	Tue	Wed	Thu	Fri
<p>Lunch is served daily at 11:30 for ages 60 &amp; older. You must be registered. Contact Alan Moxley, Nutrition Site Manager for more information.</p>				<p>1 10 - Walking 11 - Fellowship <b>*10:00 a.m. Opening Ceremonies for Senior Games @ Surry Community College</b></p>
<p>4 10 - Journal Now 10:30 - Healthy Bingo 3 - Line Dance \$5 6 - Zumba - \$4</p>	<p>5 10 - Quilting 11 - Word Search 12 - Knitting @ Library 12:30 - Art Council Craft 2- Quilters Guild</p>	<p>6 10 - Walking 11 - Corn Hole  6 - Zumba \$4</p>	<p>7 9 - Local Yokel 10 - Senior Chorus 12:30 - Crochet 1 - Pegs &amp; Jokers 6 - Rook</p>	<p>8 10 - Walking 11- Mothers Day Celebration</p>
<p>11 10 - Journal Now 10 - Dash Baseball Game Day Trip 10:30 - Senior Bingo 3 - Line Dance \$5 5 - Bee Association</p>	<p>12 10 - Quilting 11 - Blood Pressure Chk 12 - Knitting @ YCL 6- Widow's Supper/ Support</p>	<p>13 10 - Walking 11 - Young @ Heart 11:15 - Laughter Yoga  6 - Zumba \$4</p>	<p>14 9 - Local Yokel 11 - Sheriff's Dept. 12:30 - Crochet 1 - Pegs &amp; Jokers 6 - Rook 6 - Yadkin Deaf Bible Study</p>	<p>15 10 - Walking 11 - Mt. Valley Hospice w/ Amy Wilhelm</p>
<p>18 10 - Journal Now 10:30 - Nutrition Bingo 3 - Line Dance \$5 6 - Zumba - \$4</p>	<p>19 10 - Quilting 10:30 - Birthday Party 12 - Knitting @YCL 6 - Senior Supper w/ Sweet Holler Bluegrass</p>	<p>20 9 - Walking 10 - Operation Home Front—Veterans 6 - Zumba \$4</p>	<p>21 9 - Local Yokel 10 - Senior Chorus 12:30 - Crochet 1 - Pegs &amp; Jokers 6 - Rook</p>	<p>22 10 - Walking 11 - Coupon Day</p>
<p>25 <b>CLOSED</b> </p>	<p>26 10 - Quilting 11 - View the Senior Center Commercials 12 - Knitting @ YCL 6:30 - Historical Society</p>	<p>27 10 - Walking 11 - Corn Hole 12 - Floral Arrangement/ Boonville Florist - \$5 6 - Zumba \$4</p>	<p>28 9 - Local Yokel 11 - Share a Joke 12:30 - Crochet 1 - Pegs &amp; Jokers 6 - Rook 6 - Yadkin Deaf Bible Study</p>	<p>29 10 - Walking 11 - Sharing Memories / Fellowship</p>



**Mission Statement:** "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."

