

YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Senior Center of Excellence

March 2015

Important Announcements

FREE TAX PREPERATION at VITA LIBRARY SITES

For more details call the Yadkin County Library at 336-679-8792. Must make appointment for preparation.

COMMUNITY INFORMATION - ALL PROGRAMS BEGIN @ 11:00 A.M.

Thursday March 12th - Crime Prevention with Dept. Diaz

Friday March 20th - Mountain Valley Hospice with Amy Wilhelm

Thursday March 26th - Home Instead Senior Care with Debbie Wintersteen

YADKIN CULTURAL ARTS CENTER ART PROJECT

Paper Straw Easter Egg Project

TUESDAY March 10th 12:30 - 2:00 p.m.

Registration is limited to 15 people . This project is offered at no cost to you. All materials and instructor are compliments of The Yadkin Cultural Arts Center. Call, e-mail or stop by to sign up.

VALENTINES DANCE - RESCHEDULED FOR MARCH 19th

Where: East Bend Senior Center

When: Time: 5:00 - 8:00 p.m.

Tickets are \$10 and includes beef tips, gravy, mashed potatoes, green beans, cole-slaw, roll, dessert. Entertainment by the Stan Bobbitt Band. Door prizes! See your local senior center for your ticket. Must have ticket to enter.

SENIOR GAMES

Registration: March 1st - March 31

Registration cost - \$10 per person

New for 2015....The Silver Arts show will be held at the Yadkin Arts Council! Sign up and join the fun. You never grow old playing, you grow old because you stop playing!

NEW IN MARCH - Quarter Bingo - FRIDAY, MARCH 27th at 12:00 p.m.

.25 for each Bingo Card. We will play three games and on the third game (cover all) the Senior Center will sweeten the pot and put in \$5.00.

There will be **NO Senior Supper or Widows Supper in March.**

“A good laugh and a long sleep are the two best cures for anything.”

Reminders & Updates

Senior Chorus meets the 1st and 3rd Thursday of the month at 10:00 a.m. Anyone is welcome to join in.

Is it difficult to trim your nails? Make an appointment to have your nails trimmed at the Yadkin County Senior Center for \$10. Call for an appointment.

Spring Cleaning? Consider donating your small items or non-perishables to the Senior Center for Monday Bingo Prizes. Any items are appreciated.

Yadkin Arts Center Project for March



Yadkin County Senior Center

207 East Hemlock Street

Yadkinville, NC 27055

336.679.3596

March 2015

Monday	Tuesday	Wednesday	Thursday	Friday
2 10:30 Healthy Bingo 6 - Zumba (\$4) YMCA	3 12 - Chamber Luncheon 12 - Knitting @ Library 2- Quilter Guild 6:30 - Historical Society YMCA	4 10 - Walking 10:30 - Corn Hole 6 - Zumba YMCA	5 10 - Senior Chorus 12:30 - Crochet 1- Pegs & Jokers 2- United Fund Meeting 6 - Rook YMCA	6 10 - Walking 11 - Coupon Day YMCA
9 10 - Journal Now 10:30 Senior Bingo 5:30 - Bee Association YMCA	10 10 - Quilting 11 - Blood Pressure Chk 12 - Knitting @ Library 12:30 - Yadkin Arts Center Project YMCA	11 10 - Walking 10:30 - Corn Hole 6 - Zumba YMCA	12 11 - Sheriff's Dept.- Deputy Diaz 12:30 - Crochet 1- Pegs & Jokers 6 - Rook 6- Yadkin Deaf Bible Study YMCA	13 10 - Walking 11 - Fellowship YMCA
16 10 - Journal Now 10:30 Nutrition Bingo 6 - Zumba (\$4) YMCA	17 10 - Quilting 10:30 - Birthday Party with Live Music 12 - Knitting @ Library  YMCA	18 10 - Walking 10:30 - Corn Hole 11 - Young @ Heart 6 - Zumba YMCA	19 10 - Senior Chorus 12:30 - Crochet 1 Pegs & Jokers 6 - Rook 5-8 Valentine's Dance @ East Bend (\$10) YMCA	20 10 - Walking 11 - Amy Wilhelm-Mt. Valley Hospice YMCA
23 10 - Journal Now 10:30 Nutrition Bingo 6 - Zumba (\$4) YMCA	24 10 - Quilting 12 - Knitting @ Library 12 - Chamber Luncheon 6:30 - Historical Society YMCA	25 10 - Walking 10:30 - Corn Hole 6 - Zumba YMCA	26 11 - Home Instead Senior Care 12:30 - Crochet 1 Pegs & Jokers 6 - Rook 6- Yadkin Deaf Bible Study YMCA	27 10 - Walking 11 - Fellowship 12 - Quarter Bingo YMCA
30 10 - Journal Now 10:30 Nutrition Bingo 1:30 - Advisory Council Meeting 6 - Zumba (\$4) YMCA	31 10 - Quilting 12 - Knitting @ Library YMCA			Lunch is served daily at 11:30 for ages 60 & older. You must be registered. Contact Alan Moxley, Nutrition Site Manager for more information.



Mission Statement: "To improve or maintain independent wellness for

