YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Senior Center of Excellence

June 2015

What's Happening at the Senior Center

YADKIN VALLEY SENIOR GAMES - SILVER FOLLIES

Thursday, June 11th FREE to the public. Show starts at 3:00 p.m. and will be held in the Yadkin Cultural Arts Center in Yadkinville.

OPERATION HOME FRONT

If you have served in the ARMED FORCES of the United States of America, YOU are invited to attend OPERATION HOME FRONT casual meetings to connect, recognize, and support our local HERO'S. Sponsored by Mountain Valley Hospice & Palliative Care on Wednesday June 17th beginning at 10:00 a.m.

BEGINNER'S LINE DANCE CLASSES

Monday's at 3:00 p.m. Cost is \$5.00 per person - Great fun & Exercise!

SENIOR SUPPER POTLUCK

Tuesday, June 16th at 6:00 p.m. Live Music. Bring your favorite food or dessert to share.



VISITOR OF THE MONTH - LANIE POPE FROM WXII NEWS

Please help us welcome Lanie Pope to the Yadkin County Senior Center as she visits us to talk about weather facts on Monday, June 29th at 11:00 a.m.

Sunday, June 21st



Our Newsletter can be found on the YVEDDI website. Click on the senior center tab then arrow down to senior center of your choice There you will find the latest newsletters. You can also like YVEDDI on FACEBOOK.

YADKIN ARTS CRAFT PROJECT

1st Tuesday EVERY month

June 2nd @ 12:30 PM



This project is offered at no cost courtesy of the Yadkin Cultural Arts Center.

DID YOU KNOW?

Senior Chorus meets the 1st and 3rd Thursday of the month at 10:00 a.m. Anyone is welcome to join.

Make an appointment to have your toenails trimmed at the Yadkin County Senior Center. Please call 679-3596 to make an appointment. Cost is \$10

Yadkin County Senior Center 207 East Hemlock Street Yadkinville, NC 27055 336.679.3596



June 2015

Mon	Tue	Wed	Thu	Fri
1 10 - Journal Now 10:30 - Healthy Bingo 3 - Line Dance \$5 6 - Zumba - \$4	2 10 - Quilting 11 - Word Search 12 - Knitting @ Library 12:30 - Art Council Craft - Stained Glass	3 10 - Walking 11 - Corn Hole	4 9 - Local Yokel 10 - Senior Chorus 12:30 - Crochet 1 - Pegs & Jokers 6 - Rook	5 10 - Walking 11 - Coupon Day
8 10 - Journal Now 10:30 - Senior Bingo 3 - Line Dance \$5 5 - Bee Association	2- Quilters Guild 9 10 - Quilting 11 - Blood Pressure Checks 12 - Knitting @ YCL 6- Widow's Supper/	6 - Zumba \$4 10 10 - Walking 11 - Young @ Heart 6 - Zumba \$4	11 9 - Local Yokel 11 - Sheriff's Dept. 12:30 - Crochet 1 - Pegs & Jokers 3 - Silver Follies 6 - Rook	12 10 - Walking 11 - Fellowship
15 10 - Journal Now 10:30 - Nutrition Bingo 3 - Line Dance \$5 6 - Zumba - \$4	16 10 - Quilting 10:30 - Birthday Party 12 - Knitting @YCL 6 - Senior Supper w/ Sweet Holler Bluegrass	17 10 - Walking 11 - Veteran's Appreciation: By Mountain Valley Hospice 6 - Zumba \$4	6 - Yadkin Deaf Bible Study 18 9 - Local Yokel 10 - Senior Chorus 12:30 - Crochet 1 - Pegs & Jokers 6 - Rook	19 9 - Walking 10 - Father's Day Celebration 11 - Mt. Valley Hospice w/Amy Wilhelm
22 10 - Journal Now 10:30 - Bingo 3 - Line Dance \$5 6 - Zumba - \$4	23 12– Chamber Lunch- eon 2 - Quilting 6:30 - Historical Socie- ty	24 10 - Walking 11 - Fellowship 6 - Zumba \$4	25 9 - Local Yokel 11 - Elder Abuse 12:30 - Crochet 1 - Pegs & Jokers 6 - Rook 6 - Yadkin Deaf Bible Study	26 10 - Walking 11 - Coupon Day
29 10 - Journal Now 11 - Lanie Pope with WXII 3 - Line Dance \$5 6 - Zumba \$4	30 10 - Quilting 11 - Pruitt Health Care – Fall Prevention 12 - Knitting @ YCL		Lunch is served daily at 11:30 for ages 60 & older. You must be registered. Contact Alan Moxley, Nutrition Site Manager for more information.	



Mission Statement: "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."

