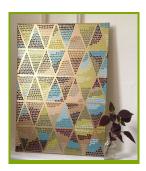
YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Senior Center of Excellence

What's Happening...



July Art Class - Abstract Pointillism

1st Tuesday 12:30 - 2:30 p.m. Spaces are limited to 20 participants. Call the Senior Center to register.

Sponsored by the Yadkin Arts Council



We now have a ALD (Assisted Listening Device). This is available to use only during senior center programming. Please see staff for assistance.

QUILT RAFFLE - July 29, 2016 @ 11:11 a.m.

\$1.00 each or 6 for \$5.00 Quilt donated by The Yadkin Quilters Guild

All proceeds benefit the YVEDDI Yadkin County Meals-on-Wheels Program





The Yadkin County Senior Chorus is *SEARCHING* for YOU!!! Do you have a musical background, read music and have a little time to spare? We are looking for a volunteer to conduct our Senior Chorus. Can you hear us calling your name? Call the center for more details.

Our financial statement is available for viewing upon request.

Information and Referral

Fitness Health Promotion Senior Games Family Support Groups Transportation Medical/General Caregivers Classes Energy Assistance Home Repair/ Modification Medicaid/Medicare Benefits Job Training Placement **Telephone Reassurance Disaster Services** Long-term Care Facilities **Rehabilitation Services** Durable Medical Equipment Asst. Device Health Screenings Food Distribution Tax Preparation Counseling Legal Services **Respite Housing** Adult Day Care/Day Health Reverse Mortgage Counseling Home Heath Services In-home Aide Services Hospice Care Social Security Benefits Community Mental Health Congregate/Home Delivered Meals Insurance Counseling Report Suspected Abuse, Neglect or Exploitation

facebook



Is it difficult to trim your nails? Make an appointment to have your nails trimmed at the Yadkin County Senior Center for \$10. Call for an appointment.

July 2016

Mon	Tue	Wed	Thu	Fri
VEEDDI VADKIN VALLEY ECONOMIC DEVELOPMENT DISTRICT, INC.	Yadkin Country thatta thatta United Fund	Lunch is served daily at 11:30 a.m. for ages 60 & better. You must be registered. Contact the Nutrition Site Manager for more details.		1 9 - Relaxation Station 10 – Walking w/Music 11 - Fire Safety *YMCA PASS* 9-12
4	5	6	7	8
CLOSED	10 - Quilting	9 - Computer Zone	9 - Local Yokel	9 - Relaxation Station
	11– 4th Celebration	10– Walking w/Music	11 - Brain Power	10– Walking w/Music
NAPPY	12 - Knitting @ YCL	12:30 – Stretch w/Natalie	1- Scrabble	11 - Hobart's Hymns
	2 - Quilters Guild	1-Pegs & Jokers		
**				
L		6 - Zumba \$4	6– Rook	*YMCA PASS* 9-12
11	12	13	14	15
10 - Journal Now	10 - Quilting	9 - Computer Zone	9 - Local Yokel	9 - Relaxation Station
10:30 – Nutrition Bingo	11 - Minnie BP checks	10 – Walking w/Music	11—Crime Prevention	10– Walking w/ Music
12:30 - Crochet	& Health Program	11 - Yadtel PALS	1– Scrabble	11- *Recipe Swap*
3 - Line Dance \$3	12 – Knitting @ YCL	12:30– Stretch w/Natalie		
	5 - Gentry's Widow	1-Pegs & Jokers		
5 - Bee Association	Support Supper	6 - Zumba \$4	6– Rook	*YMCA PASS* 9-12
18	19	20	21	22
10 - Journal Now	10 - Quilting	9 - Computer Zone	9 - Local Yokel	9 - Relaxation Station
10:30 – Nutrition Bingo	10 - Brain Power	10- Walking w/Music	11– Young @ Heart	10- Walking w/Music
12:30 - Crochet	11– Birthday Party	12:30 – Stretch w/Natalie	1– Scrabble	11– Mountain Valley
3 - Line Dance \$3	12-Knitting @ YCL	1-Pegs & Jokers		Hospice
	6 - SENIOR SUPPER			
6 - Zumba beginner \$4	Sweet Hollar Bluegrass	6 - Zumba \$4	6– Rook	*YMCA PASS* 9-12
25	26	27	28	29
10 - Journal Now	10 - Quilting	9 - Computer Zone	9 - Local Yokel	9 - Relaxation Station
10:30 – Nutrition Bingo	11 –Brain Power	10- Walking w/Music	11– NC Cooperative	10- Walking w/Music
12:30 - Crochet	12-Knitting @ YCL	12:30 – Stretch w/Natalie	Ext. w/Marilyn Wells	11– Yadkinville Police
3 - Line Dance \$3		1-Pegs & Jokers	1– Scrabble	Dept Cop Care
				11:11 - Quilt Raffle
6 - Zumba beginner \$4		6 - Zumba \$4	6– Rook	*YMCA PASS* 9-12

Mission Statement: "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."

www.yveddi.com