

YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Senior Center of Excellence

January 2015

Important Announcements

CONGRATULATIONS TO DORIS WETHERHOLT ON BEING THE WINNER OF OUR QUILT RAFFLE! A **BIG** Thanks to the Yadkin Quilters Guild for donating the quilt and also everyone who participated in purchasing a ticket. The Center raised over \$800! THANK YOU!!!

MOVIE DAY @ YADKIN COUNTY LIBRARY— WEDNESDAY JANUARY 14th @ 1:00 pm

MEMBER PARTICIPANT FORMS — JANUARY

Please make sure to fill out our “new” participant forms for the Senior Center. It helps us to know who you are, what you like, and who we should contact in case of an emergency. All information is confidential and will not be shared with anyone.

COMMUNITY INFORMATION — ALL PROGRAMS BEGIN @ 11:00 A.M.

Tuesday January 8th— Crime Prevention with Dept. Diaz

Thursday January 14th— Pruitt Health with Joshua Holbrook

Friday January 16th—Mountain Valley Hospice with Amy Wilhelm

Thursday, January 29th—Yadkin County Emergency Services with Chris Bolden

YADKIN CULTURAL ARTS CENTER ART PROJECT — THE BUTTON TREE —

TUESDAY JANUARY 6th 12:30—2:00 p.m.

Registration is limited to 20 people as slots are filling fast. This project is offered at no cost to you. All materials and instructor are compliments of The Yadkin Cultural Arts Center.

YADTEL T.V. SHOW PREVIEW — WEDNESDAY JANUARY 7th @ 10:00 a.m.

Be one of the first to preview a new “Martha Stewart” type show from one of our very own local shops in Yadkinville. Following the show, a brief survey will be available for your input.

WIDOWS SUPPER—TUESDAY— JANUARY 13th @ 4:00 p.m.

Widow’s support/covered dish supper has a new time during the winter to make sure you get home before dark. If you or someone you know could benefit from the group, feel free to join us.

SENIOR SUPPER — TUESDAY JANUARY 20th @ 6:00 p.m.

Enjoy food, fun, music and fellowship! Bring a covered dish or a drink AND a friend!

HOLOCAUST REMEMBRANCE & WW II —TUESDAY JANUARY 27th @ 11:00 a.m.

On this day in 1945, Nazi concentration camp Auschwitz was liberated from Nazi control.

Reminders & Updates

Walk, tone and exercise with a YMCA Pass from the Senior Center: \$12.00 Available to seniors 55 & over Limited availability.

Senior Chorus meets the 1st and 3rd Thursday of the month at 10:00 a.m. Anyone is welcome to join in.

Is it difficult to trim your nails? Make an appointment to have your nails trimmed at the Yadkin County Senior Center for \$10 Call for an appointment.

IN CASE OF SNOW Call the Senior Center to make sure we are open BEFORE attempting to drive or walk here. We make every effort to keep the doors open and services available, but do not encourage folks to come down when the roads and sidewalks are dangerous.

A good rule of thumb: If Yadkin County Schools are cancelled; the Senior Center classes, activities will probably be cancelled. Please be sure to watch WXII News channel 12 to see if we will be closed and information pertaining to the lunch program.



Yadkin County Senior Center

207 East Hemlock Street

Yadkinville, NC 27055

336.679.3596

January 2015

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Lunch is served daily at 11:30 for ages 60 & older. You must be registered. See Nutrition Site Manager for more information.</p>			<p>1 CLOSED</p> 	<p>2</p> <p>10 - Seniorcize 11 - Share your New Year's Resolutions</p> <p>YMCA</p>
<p>5</p> <p>10:30 Nutrition Bingo 6 - Zumba</p> <p>YMCA</p>	<p>6</p> <p>10- Quilting 12 - Knitting @ Library 12:30 - Button Tree Craft 2- Quilter Guild</p> <p>YMCA</p>	<p>7</p> <p>10- Yadtel TV show preview 10:30 - Corn Hole 6 - Zumba</p> <p>YMCA</p>	<p>8</p> <p>11- Sheriff's Dept. - Deputy Diaz 12:30- Crochet 1- Pegs & Jokers 6- Rook</p> <p>YMCA</p>	<p>9</p> <p>10 - Seniorcize 11 - Coupon Day</p> <p>YMCA</p>
<p>12</p> <p>10:30 Nutrition Bingo 12- Sock Snowman Craft 5:30 - Bee Association</p> <p>YMCA</p>	<p>13</p> <p>10 - Quilting 11 - Blood Pressure Chk 12 - Knitting @ Library 4 - Widow's Supper/ Support Group</p> <p>YMCA</p>	<p>14</p> <p>10- Walking 10:30- Corn Hole 11 - Pruitt Health 1 - Movie Day @ Library 6 - Zumba</p> <p>YMCA</p>	<p>15</p> <p>10- Senior Chorus 12:30- Crochet 1 Pegs & Jokers 6- Rook</p> <p>YMCA</p>	<p>16</p> <p>10 - Seniorcize 11 - Amy Wilhelm-Mt. Valley Hospice</p> <p>YMCA</p>
<p>19 CLOSED</p>  <p>YMCA</p>	<p>20</p> <p>10 - Quilting 10:30 - Birthday Party with Live Music 12 - Knitting @ Library 6 - Senior Supper</p> <p>YMCA</p>	<p>21</p> <p>10- Walking 10:30 - Young @ Heart 6 - Zumba</p> <p>YMCA</p>	<p>22</p> <p>11- Snowflake Word Search 12:30- Crochet 1 Pegs & Jokers 6- Rook</p> <p>YMCA</p>	<p>23</p> <p>10 - Seniorcize 11- Share a Joke</p> <p>YMCA</p>
<p>26</p> <p>10:30 Senior Bingo 6 - Zumba</p> <p>YMCA</p>	<p>27</p> <p>10 - Quilting 11 - Holocaust Remembrance & WW II 12 - Knitting @ Library</p> <p>YMCA</p>	<p>28</p> <p>10- Walking 11 - Arm & leg exercise 6 - Zumba</p> <p>YMCA</p>	<p>29</p> <p>11 - Yadkin County Emergency Services 12:30- Crochet 1 Pegs & Jokers 6- Rook</p> <p>YMCA</p>	<p>30</p> <p>10 - No Seniorcize</p> <p>YMCA</p>



Mission Statement: "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."

