

YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Senior Center of Excellence

February 2016

What's Happening...

ALL PROGRAMS BEGIN @ 11:00 A.M.

Thursday 2/11 - Crime Prevention with Dept. Diaz

Friday 2/12 - Valentines Party (bring a dish to share)

Tuesday 2/16 - Birthday Party with George
Hennings Band

Thursday 2/18 - NC Cooperative Ext. with Marilyn Wells

Friday 2/19 - Mountain Valley Hospice & Palliative Care
with Amy Wilhelm

Friday 2/26 - Eye Health with Dr. Stephanie Cartwright

Art Class

2/2 12:30 - Wax Paper Crayon Mobile

FREE TAX PREPERATION @ VITA LIBRARY SITES

For more details call the Yadkin County Library at
336-679-8792. **Must make appointment.**

SENIOR GAMES REGISTRATION IS NEAR!

Registration: March 1st - March 31

Registration Cost - \$10 per person

Sign up and joint & fun! You never grow old playing, you
grow old **BECAUSE** you stop playing! Registrations will be
available at your local Senior Center.

Is it difficult to trim your nails? Make an appointment to
have your nails trimmed at the Yadkin County Senior
Center for \$10 Call for an appointment.



Valentine Dance

When: Tuesday February 16th

Time: 5:00—8:00 pm

Where: East Bend Senior Center

Cost : \$10.00 per person

Dinner includes Beef Tips, Mashed Potatoes
& Green Beans

Entertainments By: Stan Bobbitt

Tickets available at your local Senior Center

**iPad/iPhone
Learning
Session**

Door Prizes!

Need help learning the ins and outs of your ipad
and/or iphone?

Bring your smart device and learn with us.

February 11th

Sponsored by:



12:30 - 1:30 p.m.



Yadkin County Senior Center

207 East Hemlock Street • Yadkinville, NC 27055 • (336) 679-3596

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February 2016

Mon

Tue

Wed

Thu

Fri

<p>1 10 - Journal Now 10:30 – Nutrition Bingo 12:30 - Crochet 3 - Line Dance \$5 6 - Zumba beginner \$4</p>	<p>2 9 - LTM Meeting 11– Cowboy Chili 12-Knitting @ YCL 12:30 - Arts Council Craft 2– Quilters Guild</p>	<p>3 9 - Computer Zone 10– Walking 12:30–Stretch w/Natalie 6-Zumba \$4</p>	<p>4 9 - Local Yokel 11 - Pencil Color 1-Pegs & Jokers 1– Rook for beginners 6– Rook</p>	<p>5 9 - Relaxation Station 10– Walking 11– Super Bowl Tailgate </p>
<p>8 10- Journal Now 10:30–Nutrition Bingo 12:30- Crochet 3- Line Dance \$5 5 – Bee Association</p>	<p>9 10-Quilting 11– Share a Joke 12-Knitting @ YCL 5 – Widow’s Supper</p>	<p>10 9-Computer Zone 10– Walking 12:30–Stretch w/Natalie 6-Zumba \$4</p>	<p>11 9 - Local Yokel 11 - Crime Prevention 12:30 - Smart Phone Basics 1-Pegs & Jokers 1– Rook for beginners 6– Rook 6– Yadkin Deaf Bible Study</p>	<p>12 9-Relaxation Station 10– Walking 11– Valentines Party </p>
<p>15 10- Journal Now 10:30–Nutrition Bingo 12:30- Crochet 3- Line Dance \$5 6-Zumba beginner \$4</p>	<p>16 10 - Quilting 11– Birthday Party w/ Geroge Hennings Band 12-Knitting @ YCL 5-7 - Valentines Dance East Bend SC \$10.00</p>	<p>17 9 - Computer Zone 10 – Walking 12:30–Stretch w/Natalie 6-Zumba \$4</p>	<p>18 9 - Local Yokel 11 -NC Cooperative Ext. 1-Pegs & Jokers 1– Rook for beginners 6– Rook</p>	<p>19 9 - Relaxation Station 10– Walking 11– Mt. Valley Hospice with Amy Wilhelm</p>
<p>22 10- Journal Now 10:30–Nutrition Bingo 12:30- Crochet 3- Line Dance \$5 6-Zumba beginner \$4</p>	<p>23 11 – Share a Joke 12 - Chamber Luncheon 12-Knitting @ YCL 2 - Quilters</p>	<p>24 9 - Computer Zone 10– Walking 12:30–Stretch w/Natalie 6-Zumba \$4</p>	<p>25 9 - Local Yokel 11 - Pencil Color 1-Pegs & Jokers 1– Rook for beginners 6– Rook 6– Yadkin Deaf Bible Study</p>	<p>26 9-Relaxation Station 10– Walking 11– Eye Health with Dr. Stephanie Cartwright</p>
<p>29 10- Journal Now 10:30–Nutrition Bingo 12:30- Crochet 3- Line Dance \$5 6-Zumba beginner \$4</p>	<p><i>Love is our true destiny. We do not find the meaning of life by ourselves alone - we find it with another.</i> ~Thomas Merton ~</p>	<p> "like" us on facebook</p>	<p>Lunch is served daily at 11:30 a.m. for ages 60 & better. You must be registered. Contact Alan Moxley for more details.</p>	<p>INCLEMENT WEATHER POLICY The Senior Center follows the same inclement weather policy as the Yadkin County School System.</p>



Mission Statement: "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."

