

# YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Senior Center of Excellence

February 2015

## Important Announcements

### FREE TAX PREPERATION @ VITA LIBRARY SITES

For more details call the Yadkin County Library at 336-679-8792. Must make appointment for preparation.

### COMMUNITY INFORMATION — ALL PROGRAMS BEGIN @ 11:00 A.M.

Thursday February 12th— Crime Prevention with Dept. Diaz

Friday February 20th—Mountain Valley Hospice with Amy Wilhelm

Thursday February 26th—RSVP with Gilda Pruitt

### YADKIN CULTURAL ARTS CENTER ART PROJECT — METAL TOOLING—

TUESDAY FEBRUARY 3rd 12:30—2:00 p.m.

Registration is limited to 15 people . This project is offered at no cost to you. All materials and instructor are compliments of The Yadkin Cultural Arts Center. Call, e-mail or stop by to sign up.

### VALENTINES DANCE

Where: East Bend Senior Center

When: February 19th

Time: 5:00 - 8:00 p.m.

Tickets are \$10 and includes beef tips, gravy, mashed potatoes, green beans, cole-slaw, roll, dessert. Entertainment by the Stan Bobbitt Band. Door prizes! See your local senior center for your ticket. Must have ticket to enter.



### SENIOR GAMES

Registration: March 1st - March 31

Registration cost - \$10 per person

New for 2015....The Silver Arts show will be held at the Yadkin Arts Council! Sign up and join the fun. You never grow old playing, you grow old because you stop playing!

### SENIOR SUPPER — No Senior Supper scheduled for February/March

**Be sure to stop by to meet & welcome our New Nutrition Site Manager, Alan Moxley!**

## Reminders & Updates

Senior Chorus meets the 1st and 3rd Thursday of the month at 10:00 a.m. Anyone is welcome to join in.

Is it difficult to trim your nails? Make an appointment to have your nails trimmed at the Yadkin County Senior Center for \$10 Call for an appointment.

## Valentine Funnies

What do you call two birds in love? \*TWEETHEARTS



What did the one pickle say to the other? \* YOU MEAN A GREAT DILL TO ME!

Yadkin County Senior Center

207 East Hemlock Street

Yadkinville, NC 27055

336.679.3596

# February 2015

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> <b>10:30</b> Healthy Bingo  <b>6</b> - Zumba (\$4)  YMCA	<b>3</b> <b>10</b> - Quilting <b>12</b> - Knitting @ Library 2- Quilter Guild  YMCA	<b>4</b> <b>10</b> - Walking <b>10:30</b> - Corn Hole <b>6</b> - Zumba  YMCA	<b>5</b> <b>10</b> - Senior Chorus <b>12:30</b> - Crochet 1 Pegs & Jokers <b>6</b> - Rook YMCA	<b>6</b> <b>10</b> - Video Exercise <b>11</b> - Coupon Day  YMCA
<b>9</b> <b>10:30</b> Senior Bingo  <b>5:30</b> - Bee Association  YMCA	<b>10</b> <b>10</b> - Quilting <b>11</b> - Blood Pressure Chk <b>12</b> - Knitting @ Library  YMCA	<b>11</b> <b>10</b> - Walking <b>10:30</b> – Corn Hole <b>6</b> - Zumba  YMCA	<b>12</b> <b>11</b> - Sheriff's Dept.– Deputy Diaz <b>12:30</b> - Crochet 1- Pegs & Jokers <b>6</b> - Rook 6- Yadkin Deaf Bible Study YMCA	<b>13</b> <b>10</b> - Valentine's Party <b>10:30</b> - Sweetheart Bingo  YMCA
<b>16</b> <b>10:30</b> Nutrition Bingo  <b>6</b> - Zumba (\$4)  YMCA	<b>17</b> <b>10</b> - Quilting <b>10:30</b> - <b>Birthday Party</b> <b>with Live Music</b> <b>12</b> - Knitting @ Library  YMCA	<b>18</b> <b>10</b> - Walking <b>10:30</b> - Corn Hole <b>11</b> - Young @ Heart <b>6</b> - Zumba  YMCA	<b>19</b> <b>10</b> - Senior Chorus <b>12:30</b> - Crochet 1 Pegs & Jokers <b>6</b> - Rook <b>5-8 Valentine's Dance @</b> <b>East Bend (\$10)</b> YMCA	<b>20</b> <b>10</b> - Video Exercise <b>11</b> - Amy Wilhelm-Mt. Valley Hospice  YMCA
<b>23</b> <b>10:30</b> Nutrition Bingo  <b>6</b> - Zumba (\$4)  YMCA	<b>24</b> <b>10</b> - Quilting <b>12</b> - Knitting @ Library <b>12</b> - Chamber Luncheon <b>6:30</b> - Historical Society  YMCA	<b>25</b> <b>10</b> - Walking <b>10:30</b> - Corn Hole <b>6</b> - Zumba  YMCA	<b>26</b> <b>11</b> - Gilda-RSVP <b>12:30</b> - Crochet 1 Pegs & Jokers <b>6</b> - Rook 6- Yadkin Deaf Bible Study YMCA	<b>27</b> <b>10</b> - Video Exercise <b>11</b> - Fellowship  YMCA
Lunch is served daily at 11:30 for ages 60 & older. You must be registered. See Nutrition Site Manager for more information.				



**Mission Statement:** "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."

