



A North Carolina Certified Senior Center of Excellence

December 2016



From our Family to Yours... Merry Christmas & Happy New Year





Day Trip to Mount Airy to see....



A warm and wonderful program of stories and songs for the holidays. Some old, some new - and some you've probably never heard! These tales and tunes will touch your funny bone and your heart strings.

Depart from Senior Center at 10:00 AM Lunch at 12:00 PM Play begins at 1:30 PM

\$10 per person

Trip includes transportation, shopping (on your own) at Mayberry Mall, lunch (on your own) at Libby Hill Seafood, Tinsel & Magic Play and ice cream on the return. This trip is expected to fill up fast! Limited Seating Call (336) 679-3596 or visit the senio center to reserve your seat



Reminders:

12/13 - Gentry's Support Dinner: Bring a small gift to play Dirty Santa! Dinner @ 4:00 p.m.

12/14 - Christmas Chalk Story 11:00 am

12/20 - Christmas Party/December Birthday Party 10:00 am Bring a snack to share.

The Yadkin County Senior Center and Nutrition Site will be closed December 23– January 2.

207 East Hemlock Street Yadkinville, NC 27055 • 336.679.3596







Is it difficult to trim your nails? Make an appointment to have your nails trimmed at the Yadkin County Senior Center for \$10. Call for an appointment.

INCLEMENT WEATHER POLICY

The Senior Center follows the same inclement weather closings as the Yadkin County School System.





The Yadkin County Senior Chorus is SEARCHING for a Chorus Director and piano player. **COULD IT BE YOU?** Contact the center for information.

DECEMBER 2016

Mon	Tue	Wed	Thu	Fri
YADKIN VALLEY ECONOMIC DEVELOPMENT DISTRICT, INC.	Lunch is served daily at 11:30 a.m. for ages 60 & older. You must be registered. Contact the Nutrition Site Manager for more details.		1 9 Local Yokel 10:30 Senior Chorus 11 Brain Power 1 Pegs & Jokers	2 8 Day Trip \$10 9 Relaxation Station 10 Walking w/Music 11 Fellowship
5 10 Journal Now 10:30 Nutrition Bingo 12:30 Rook for Beginners 6 Zumba Beginner \$4	6 10 Quilting 10:30 Flag Dedication 12 Knitting @ YCL 2 Quilters Guild	7 9 Computer Zone 10 Walking w/Music 12:30 Stretch w/Natalie 6 Zumba \$4	8 9 Local Yokel 11 Crime Prevention w/ Dept. Diaz 1 Pegs & Jokers 5-8 HOLLY JOLLY CHRISTMAS SHOW \$10 6 Rook	9 9 Relaxation Station 10 Walking w/ Music 11 Mtn. Valley Hospice w/ Allison Brown
12 10 Mt. Airy Day Trip \$10 10 Journal Now 10:30 Nutrition Bingo 12:30 Rook for Beginners 5 - Yadkin Bee Keepers	 13 10 Quilting 11 Yadkinville Police Dept. w/ Jason Penley Holiday Safety 12 Knitting @ YCL 4 Gentry's Holiday Widow/Widower Supper 	 14 9 Computer Zone 10 Walking w/Music 11 Christmas Chalk Art Story w/ Jerry Bennet 12:30 Stretch w/Natalie - Cancelled Today 	 15 9 Local Yokel 10:30 Senior Chorus 11 Wake Forest Health w/ John Brice 1 Pegs & Jokers 6 Rook 	 16 9 Relaxation Station 10 Walking w/ Music 10 Blood Pressure Checks 11 Touched by Angels
1910 Journal Now10:30 Nutrition Bingo12:30 Rook for Beginners6 Zumba Beginner \$4	20 10 Quilting 10 Bluegrass Band 11 Birthday/Christmas Party 12 Knitting @ YCL	21 9 Computer Zone 10 Walking w/Music 12:30 Stretch w/Natalie 6 Zumba \$4	22 9 Local Yokel 11 NC Cooperative Ext. w/ Marilyn Wells 1 Pegs & Jokers 6 Rook	23 CLOSED Christmas Holiday
26 CLOSED Christmas Holiday	27 CLOSED Christmas Holiday	28 CLOSED Christmas Holiday	29 CLOSED Christmas Holiday	30 CLOSED Christmas Holiday

Mission Statement: "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."