

# YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Senior Center of Excellence

April 2015

## Important Announcements

### COMMUNITY INFORMATION - ALL PROGRAMS BEGIN @ 11:00 A.M.

Monday April 6th - YMCA Passes with Amanda Hurley  
Thursday April 9th - Crime Prevention with Dept. Diaz  
Friday April 17th - Mountain Valley Hospice with Amy Wilhelm  
Thursday April 23rd - RSVP - Gilda Pruitt

### YADKIN CULTURAL ARTS CENTER ART PROJECT - MEMO BOARD

TUESDAY April 7th 12:30 - 2:00 p.m.

This project is offered complimentary of The Yadkin Cultural Arts Center. Call, e-mail or stop by to sign up. You must sign up by Monday, April 6th to make sure there is enough materials for everyone.

### SENIOR GAMES—DEADLINE EXTENDED THROUGH APRIL 10th

#### Age Strong, Live Long

Registration - \$10 per person and includes, goody bag, t-shirt & lunch the day of your sport/activity! **NEW for 2015** - The Silver Arts will be held at the Yadkin Arts Council! Sign up and join the fun. Pick up your registration for TODAY!

### WIDOW/WIDOWER'S SUPPER/SUPPORT

Tuesday, April 7th @ 6:00 p.m. Bring a covered dish. Guests are welcome.

### SENIOR SUPPER POTLUCK - TUESDAY APRIL 21st @ 6:00 p.m.

It's back! Come out for an evening of fun, food and fellowship. Bring a covered dish, drink or dessert. Entertainment will be provided by The Sassy Seniors line dance group from East Bend.

### DASH BALL GAME - DAY TRIP - MONDAY MAY 11th

Take me out to the Ball Game! Cost: \$25.00 & includes, transportation, admission, Dash Hat, great seats and ALL YOU CAN EAT from the concession stand! Must sign up by April 28th. Will leave the Senior Center at 10:00 a.m. Game starts @ 11:00 a.m.



## Reminders & Updates

Senior Chorus meets the 1st and 3rd Thursday of the month at 10:00 a.m. Anyone is welcome to join in.

Is it difficult to trim your nails? Make an appointment to have your nails trimmed at the Yadkin County Senior Center for \$10. Call for an appointment.

Spring Cleaning? Consider donating your small items or non-perishables to the Senior Center for Monday Bingo Prizes. Any items are appreciated.

### Yadkin Arts Center Project for April



Yadkin County Senior Center

207 East Hemlock Street

Yadkinville, NC 27055

336.679.3596

# April 2015

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

<p>Lunch is served daily at 11:30 for ages 60 &amp; older. You must be registered. <b>Contact Alan Moxley</b>, Nutrition Site Manager for more information.</p>		<p>1 10– Walking 11– Easter Party 6 - Zumba (\$4)</p> 	<p>2 9 - Local Yokel (Ripple) 10– Senior Chorus 12:30- Crochet 1- Pegs &amp; Jokers 6- Rook</p>	<p>3 CLOSED</p> 
<p>6 10 - Journal Now 10:30 Healthy Bingo 11:15 - YMCA pass 6 - Zumba (\$4)</p>	<p>7 10 - Quilting 11- Healthy Word Search 12- Knitting @ Library 12:30 - Yadkin Arts Center Craft 2– Quilter Guild</p>	<p>8 10– Walking 10:30– Corn Hole 6 - Zumba (\$4)</p>	<p>9 9 - Local Yokel (Ripple) 11- Sheriff's Dept.–Deputy Diaz 12:30- Crochet 1- Pegs &amp; Jokers 6- Rook</p>	<p>10 10– Walking 11– Fellowship 7 - Advocare</p>
<p>13 10 - Journal Now 10:30 Senior Bingo 5:30 - Bee Association</p>	<p>14 10 - Quilting 11 - Blood Pressure Chk 6– Widows Supper/Support</p>	<p>15 10– Walking 10:30– Young @ Heart 6 - Zumba (\$4)</p>	<p>16 9 - Local Yokel (Ripple) 10– Senior Chorus 12:30- Crochet 1- Pegs &amp; Jokers 6- Rook</p>	<p>17 10 - Walking 11 - Amy Wilhelm–Mt. Valley Hospice 7 - Advocare</p>
<p>20 10 - Journal Now 10:30 Nutrition Bingo 6– Zumba (\$4)</p>	<p>21 10 - Quilting 10:30 - Birthday Party with Live Music 12 - Knitting @ Library 6 - Senior Supper</p>	<p>22 10– Walking 10:30– Corn Hole 6 - Zumba (\$4)</p>	<p>23 9 - Local Yokel (Ripple) 11– Gilda Pruitt RSVP 12:30- Crochet 1 Pegs &amp; Jokers 6- Rook 6– Yadkin Deaf Bible Study</p>	<p>24 10– Walking 11– Coupon Day 7 - Advocare</p>
<p>27 10 - Journal Now 10:30 Hygiene Bingo 6 - Zumba (\$4)</p>	<p>28 10 - Quilting 12 - Knitting @ Library 12– Chamber Luncheon 6:30 - Historical Society</p>	<p>29 10– Walking 10:30– Corn Hole 6 - Zumba (\$4)</p>	<p>30 9 - What's Happening (Ripple) 11– Share a Joke/Fellowship 12:30- Crochet 1- Pegs &amp; Jokers 6- Rook</p>	



**Mission Statement:** "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."

