



YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

APRIL 2017

In Loving Memory

Hobert Junior Hall

July 29, 1926 - March 24, 2017

“You will always have a friend in me”



IMPORTANT ANNOUNCEMENT: Yearly Center-Wide Survey during the month of April. Make sure to pick up a form, fill out and RETURN to a drop box at the Yadkin Senior Center. Your opinion matters and COUNTS!

Lion's Club Pinto Bean Supper - Saturday, April 8th 4-7 p.m.

Tickets: \$6.00 each Includes: Pintos, Slaw, Cornbread, Dessert & Drink (take-outs available)

Are YOU interested in attending **Weight Watchers** at the Yadkin County Senior Center? Please call (336) 679-3596 or e-mail whayden@yveddi.com to let us know!

BINGO Monday @ 10:30 - Dollar Prize Bingo

BINGO Friday @ 10:30 - Snack Prize Bingo

Thursday, April 13th @ 10:00 a.m. Eggs Hunt/ Easter Party

Bring your Easter basket and a snack to share for our Easter Celebration

In Honor of Good Friday, the Senior Center will be CLOSED Friday, April 14th

Have **YOU** registered for the **2017 Senior Games???** Don't be a square, be there for all the fun! Registrations available at your senior center!

SMOKY MOUNTAIN TRIP SEPTEMBER 12th-14th, 2017 \$300!!!

Check us out on Facebook for the flyer or call the center for more details.

Hearing Screenings will be available by the N.C. Dept. of Deaf and Hard of Hearing **May 17th from 1:00 - 4:00 p.m.** Call the Yadkin Center to make your appointment.

Information and Referral

- Fitness Health Promotion
- Senior Games
- Family Support Groups
- Transportation Medical/General
- Caregivers Classes
- Energy Assistance
- Home Repair/ Modification
- Medicaid/Medicare Benefits
- Job Training Placement
- Telephone Reassurance
- Disaster Services
- Long-term Care Facilities
- Rehabilitation Services
- Durable Medical Equipment Asst. Device
- Health Screenings
- Food Distribution
- Tax Preparation Counseling
- Legal Services
- Respite Housing
- Adult Day Care/Day Health
- Reverse Mortgage Counseling
- Home Health Services
- In-home Aide Services
- Hospice Care
- Social Security Benefits
- Community Mental Health
- Congregate/Home Delivered Meals
- Insurance Counseling
- Report Suspected Abuse, Neglect or Exploitation



Is it difficult to trim your nails? Make an appointment to have your nails trimmed at the Yadkin County Senior Center for \$10. Call for an appointment. (1st & 3rd Thurs.)

APRIL 2017

Mon

Tue

Wed

Thu

Fri

<p><i>Lunch is served daily at 11:30 a.m. for ages 60 & older.</i></p> <p><i>You must be registered.</i></p> <p><i>Contact Lori Moore, Nutrition Site Manager for more details.</i></p>	 			
<p>3</p> <p>10 Journal Now</p> <p>10:30 Nutrition Bingo</p> <p>12 Stretch w/Natalie</p> <p>1 Beginner Rook</p> <p>6 Zumba \$4</p>	<p>4</p> <p>10 Quilting</p> <p>11 Medicare Questions</p> <p>12 Knitting @ YCL</p> <p>2 Quilters Guild</p> <p>6 Lion's Club</p>	<p>5</p> <p>9 Computer Zone</p> <p>10 Walking w/Music</p> <p>12:30 Stretch w/Natalie</p>	<p>6</p> <p>9 Local Yokel</p> <p>10 Senior Chorus</p> <p>11 Nail Trim by Dot \$ (by appointment only)</p> <p>11 Brain Games</p> <p>1 Pegs & Jokers</p> <p>6 Yadkin Deaf Bible Study</p> <p>6 Rook</p>	<p>7</p> <p>9 Relaxation Station</p> <p>10 Walking w/ Music</p> <p>10:30 Snack Bingo</p> <p>*YMCA PASS* 9-12</p>
<p>10</p> <p>10 Journal Now</p> <p>10:30 Nutrition Bingo</p> <p>12:Stretch w/Natalie</p> <p>1 Beginner Rook</p> <p>5 Yadkin County Bee Association</p>	<p>11</p> <p>10 Quilting</p> <p>11 Gentry's Family Funeral Service: Pre-Needs</p> <p>12 Knitting @ YCL</p> <p>5 Gentry's Support Dinner (desserts only)</p>	<p>12</p> <p>9 Computer Zone</p> <p>10 Walking w/Music</p> <p>12:30 Stretch w/Natalie</p>	<p>13</p> <p>9 Local Yokel</p> <p>10 Egg Hunt/Easter Party</p> <p>11 Dept. Diaz</p> <p>1 Pegs & Jokers</p> <p>6 Rook</p>	<p>14</p> <p>CLOSED</p> <p>HAPPY EASTER</p>
<p>17</p> <p>10 Journal Now</p> <p>10:30 Nutrition Bingo</p> <p>11 Young @ Heart Meal Discussion</p> <p>12 Stretch w/ Natalie</p> <p>1 Beginner Rook</p> <p>6 Zumba \$4</p>	<p>18</p> <p>10 Quilting</p> <p>10:30 Birthday Band</p> <p>11 Birthday Party</p> <p>12 Knitting @ YCL</p> <p>6 Lion's Club</p>	<p>19</p> <p>9 Computer Zone</p> <p>10 Walking w/Music</p> <p>12:30 Stretch w/Natalie</p> <p>1:30 Yadkin County Aging and Planning Meeting (Yadkin Arts Council)</p>	<p>20</p> <p>9 Local Yokel</p> <p>10 Senior Chorus</p> <p>11 Nail Trim by Dot \$ (by appointment only)</p> <p>11 Brain Games</p> <p>1 Pegs & Jokers</p> <p>6 Rook</p>	<p>21</p> <p>9 Relaxation Station</p> <p>10 Walking w/ Music</p> <p>10:30 Snack Bingo</p> <p>11 Touched by Angels Home Health Care</p> <p>*YMCA PASS* 9-12</p>
<p>24</p> <p>10 Journal Now</p> <p>10:30 Nutrition Bingo</p> <p>12 Stretch w/ Natalie</p> <p>1 Beginner Rook</p> <p>6 Zumba \$4</p>	<p>25</p> <p>10 Quilting</p> <p>11 Brain Games</p> <p>12 Knitting @ YCL</p> <p>5 Senior Supper (bring a dish to share)</p>	<p>26</p> <p>9 Computer Zone</p> <p>10 Walking w/Music</p> <p>12:30 Stretch w/Natalie</p>	<p>27</p> <p>9 Local Yokel</p> <p>11 Gerry Bennett Easter Chalk Art</p> <p>1 Pegs & Jokers</p> <p>6 Rook</p>	<p>28</p> <p>9 Relaxation Station</p> <p>10 Walking w/ Music</p> <p>10:30 Snack Bingo</p> <p>*YMCA PASS* 9-12</p>

Mission Statement: "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."