

YADKIN VALLEY SENIOR COMMUNITY CENTER NEWS



A North Carolina Senior Center of Excellence

November 2015



Seniors' Health Insurance Information Program
Insurance Commissioner Wayne Goodwin

NEWS

855-408-1212 • www.ncshiiip.com

Do You Need Help Paying for Your Prescriptions?

Do you ever have difficulty paying for your prescription drugs? Do you have limited income and assets? If you answered "yes" to either of these questions and you are a person with Medicare, Extra Help may be available for you.

The federal Low-Income Subsidy (LIS) program, also known as Extra Help, assists qualified Medicare beneficiaries with out-of-pocket expenses associated with Medicare Part D prescription drug expenses. There are more than 70,000 Medicare beneficiaries in North Carolina who may be eligible for this program but have yet to apply. The Seniors' Health Insurance Information Program—or SHIIP—is a division of the N.C. Department of Insurance that can help beneficiaries understand and apply for this assistance.

"Many Medicare beneficiaries are not aware that this assistance program is available to them," said Insurance Commissioner Wayne Goodwin. "SHIIP can help people with Medicare understand what they may be qualified to receive."

To qualify for Extra Help, a Medicare beneficiary must meet certain income, resource and asset level requirements. The income and asset limits for Extra Help are \$1,471.25 per month with assets up to \$13,640 if you are single, and \$1,991.25 per month with assets up to \$27,250 if you are married.

Income includes monthly earnings, Social Security and Veterans' benefits, disability payments, cash contributions, retirements and pensions. Resources and assets include the value of items that the person owns, such as cash, stocks, bonds, retirement accounts, the value of a second car, boats and any real property that is not the primary residence and does not produce income. Resources do not include appliances and other household furnishings, clothing or other personal items, such as jewelry. Assets excluded from the evaluation process are a home, all property attached to the home, personal belongings, one vehicle and irrevocable burial contracts and plots.

Individuals who qualify for these programs will receive Extra Help with their Medicare Part D prescription drug plans at the 100 percent level. This means they will pay a reduced co-pay of \$2.65 for generic drugs and \$6.60 for name-brand drugs, as well as lower monthly premiums.

When you apply for Extra Help through Social Security's website, you can also choose the option to apply for Medicare Savings Programs during the online application process. The SHIIP office can assist you with applying online for the Extra Help program and, subsequently, the Medicare Savings Programs through the Social Security Administration website at www.socialsecurity.gov. Medicare beneficiaries may also apply online themselves or by contacting the Social Security Administration at 1-800-772-1213.

SHIIP, a division of the North Carolina Department of Insurance, has volunteers in all 100 counties in North Carolina who offer one-on-one counseling and provide free, unbiased information about Medicare, Medicare supplements, Medicare Part D, Medicare Advantage and health plan options and long-term care insurance. To contact SHIIP, call 1-855-408-1212 or visit www.ncshiiip.com.

Information and Referral

- Fitness Health Promotion
- Senior Games
- Family Support Groups
- Transportation Medical/General
- Caregivers Classes
- Energy Assistance
- Home Repair/ Modification
- Medicaid/Medicare Benefits
- Job Training Placement
- Telephone Reassurance
- Disaster Services
- Long-term Care Facilities
- Rehabilitation Services
- Durable Medical Equipment Asst. Device
- Health Screenings
- Food Distribution
- Tax Preparation Counseling
- Legal Services
- Respite Housing
- Adult Day Care/Day Health
- Reverse Mortgage Counseling
- Home Health Services
- In-home Aide Services
- Hospice Care
- Social Security Benefits
- Community Mental Health
- Congregate/Home Delivered Meals
- Insurance Counseling
- Report Suspected Abuse, Neglect or Exploitation

Our Newsletter can be found on the YVEDDI website. Click on the senior center tab then arrow down to senior center of your choice. There you will find the latest newsletters you can also like YVEDDI on FACEBOOK.

(336) 526-1087 • www.yveddi.com

November 2015

MON	TUE	WED	THU	FRI
2 10 Line Dancing 11 Quilting 5 Clogging	3 CLOSED Elections	4 10 Pickleball 10 Bingo 11 Yadkin Valley Home Health Exercise 12:30 Prayer Shawls	5 9 Sewing 10 Bingo 11 Cornhole 1 Book Club @ Park-wood	6 10 Tribune News 10 Computer Lessons 10:30 Trivia w/ Alice 1:30 Aquatic Class
9 10 Line Dancing 11 Quilting 11:30 Carter Bank & Trust 1:30 Look Good, Feel Better	110 210:30 Exercise 11 Fire Safety Awareness w/ U.S. Safety of NC 12 Blood Pressure Checks 2-5 Advance Directives Clinic/ Mtn Valley Hospice	11 CLOSED Veteran's Day	12 9 Sewing 10 Bingo 11 How to Lower Your Energy Bill & Stay Warm w/ Custom Heating & Cooling 2 Cards	13 10 Tribune News 10 Computer Lessons 11 D-Rex Pharmacy 1:30 Aquatic Class
16 10 Line Dancing 11 Quilting 11 Christmas Ornaments w/ Sue Childress 1:30 Aquatic Class	17 10:30 Exercise 11 Blood Pressure Checks 11:30 Nutrition w/ Peggy Rhodes 12:30 Craft Class w/ Yadkin Arts Council	18 10 Pickleball 10 Bingo 11:30 Fighting Cancer w/ your Fork—Cancer Services 12:30 Prayer Shawls	19 9 Sewing 10 Bingo 11 Cornhole 2 Cards	20 10 Tribune News 10 Computer Lessons 1:30 Aquatic Class Southern Christmas Show Trip
23 10 Line Dancing 11 Quilting 11 Healthy Fall Cooking w/ Marilyn Wells 1:30 Aquatic Class	24 10 Tablecloth Wreaths for Hospice 10:30 Exercise 11 Blood Pressure Checks	25 10 Pickleball 10 Bingo 11 Pruitt Home Health 12:30 Prayer Shawls	26 CLOSED	27 CLOSED
30 10 Line Dancing 10 Tablecloth Wreaths for Hospice 10 Quilting 1:30 Aquatic Class 5 Clogging	<p>Lunch is served daily at 11:30 for ages 60 & older. Contact <u>Tracey Anderson</u>, Nutrition Site Manager, for more information.</p>			

Happy Thanksgiving



Mission Statement: "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."

