

YADKIN VALLEY SENIOR COMMUNITY CENTER NEWS

Important Announcements:

May is National Older Americans Month

May 6th - Art Party with Jan, at 6 pm.
Open to the public. Call the Senior Center
to register.



**May 18th at 12:30 p.m. -
Prayer Shawl Ministry Dedication**

Every Tuesday at 4:00 pm (beginning May 3rd) - Weight
Watchers meeting

Saturday, May 7th - JONESVILLE JUBILEE!! at the
Lila Swaim Park and the Yadkin Valley Senior Center. All
kinds of festivities!! Food!! Crafts!! Fireworks!! FUN!
Come join the FUN!!!

**May 30th - The Senior
Center will be closed for
Memorial Day**

Upcoming Events

June 7th - No Center
activities or Nutrition
Program, due to primary
voting at the Senior Center.

June 7th - Day trip to Shatley Springs!

Depart Jonesville Center at 8:30 am.
\$13 for registered Nutrition Site participants (\$20 for non-
registered). Call the Senior Center to sign up.





Information and Referral

Fitness Health Promotion
Senior Games
Family Support Groups
Transportation Medical/General
Caregivers Classes
Energy Assistance
Home Repair/ Modification
Medicaid/Medicare Benefits
Job Training Placement
Telephone Reassurance
Disaster Services
Long-term Care Facilities
Rehabilitation Services
Durable Medical Equipment Asst. Device
Health Screenings
Food Distribution
Tax Preparation Counseling
Legal Services
Respite Housing
Adult Day Care/Day Health
Reverse Mortgage Counseling
Home Health Services
In-home Aide Services
Hospice Care
Social Security Benefits
Community Mental Health
Congregate/Home Delivered Meals
Insurance Counseling
Report Suspected Abuse, Neglect or Exploitation



Our Newsletter can be found on the
YVEDDI website. Click on the senior
center tab then arrow down to senior
center of your choice There you will
find the latest newsletters you can
also like YVEDDI on FACEBOOK.

May 2016

Mon	Tue	Wed	Thu	Fri
<p>2</p> <p>10 Line Dancing 11 Older Americans Month Celebration 11 Quilting 1:30 Aquatic Class 6:00 Clogging</p>	<p>3</p> <p>8:00 Hearing Screening 10:30 Exercise 11 Pest Control @ Home 2:30-4:30 Weaving 4:00 Weight Watchers 6:30 Beginner Shag 1 7:45 Beginner Shag 2</p>	<p>4</p> <p>10 Pickleball 10 Bingo 11 Exercise w/YVHH 12:30 Prayer Shawls</p>	<p>5</p> <p>9 Sewing 10 Bingo 11 Fire & Safety 2 Cards 7:30 Yadkin Valley Trail Riders</p>	<p>6</p> <p>10 Tribune News 11 Trivia w/ Alice 1:30 Aquatic Class 6:00 Art Party w/ Jan</p> <p>JONESVILLE JUBILEE MAY 7TH!!</p>
<p>9</p> <p>10 Line Dancing 11 Better Choices 11 Quilting 1:30 Aquatic Class 6:00 Clogging</p>	<p>10</p> <p>10:30 Exercise 11 Mtn. Valley Hospice-Advanced Directive 2:30-4:30 Weaving 4:00 Weight Watchers 6:30 Beginner Shag 1 7:45 Beginner Shag 2</p>	<p>11</p> <p>9 Duke Retirees meet 10 Bingo 12:30 Prayer Shawls</p>	<p>12</p> <p>9 Sewing 10 Bingo 2 Cards</p>	<p>13</p> <p>10 Tribune News 11 D-Rex Pharmacy 1:30 Aquatic Class</p>
<p>16</p> <p>10 Line Dancing 11 Better Choices 11 Quilting 1:30 Aquatic Class 6:00 Clogging</p>	<p>17</p> <p>10:30 Exercise 11 YVHH Exercise 11:30 Birthday Celebration 2:30-4:30 Weaving 4:00 Weight Watchers 6:30 Beginner Shag 1 7:45 Beginner Shag 2</p>	<p>18</p> <p>10 Pickleball 10 Bingo 11 John Brice w/ Comprehensive Cancer Ctr. Melanoma 12:30 Prayer Shawl Dedication</p>	<p>19</p> <p>9 Sewing 10 Bingo 11 Det. Sharon Diaz – Crime Prevention 2 Cards 5:30 Jonesville Historical Society Meeting</p>	<p>20</p> <p>10 Tribune News 1:30 Aquatic Class</p>
<p>23</p> <p>10 Line Dancing 11 Better Choices 11 Quilting 1:30 Aquatic Class 6:00 Clogging</p>	<p>24</p> <p>10:30 Exercise 11 B/P Check 12:30 Art Class 2:30-4:30 Weaving 4:00 Weight Watchers 6:30 Beginner Shag 1 7:45 Beginner Shag 2</p>	<p>25</p> <p>10 Bingo 10 Pickleball 12:30 Prayer Shawl</p>	<p>26</p> <p>9 Sewing 11 Friends of Bill Band 2 Cards</p>	<p>26</p> <p>10 Tribune News 11 D-Rex Pharmacy 1:30 Aquatic Class</p>
<p>30</p> <p>CLOSED</p> <p>Memorial Day</p>	<p>31</p> <p>10:30 Exercise 11 Mtn. Valley Hospice 2:30-4:30 Weaving 4:00 Weight Watchers 6:30 Beginner Shag 1 7:45 Beginner Shag 2</p>			<p>Lunch is served daily at 11:30 for ages 60 & older. You must be registered. Contact the Nutrition Site Manager for more information.</p>

Mission Statement: "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."