

YADKIN VALLEY SENIOR COMMUNITY CENTER NEWS



A North Carolina Senior Center of Excellence

March 2016

Important Announcements:

Learn to Carolina Shag

Classes will be each Tuesday evening during the month of March, beginning March 1st.

Beginner Shag 1 - 6:30 pm

Beginner Shag 2 - 7:45 pm

\$5.00 per class

March 9th at 10:45 AM

The Presbyterian Home Band

Free Admission



March 15th - All Center activities are cancelled due to primary voting day.

March 19th 5:00 - 7:30 PM

Keep'em Rolling Spaghetti Dinner

\$10 per person. Tickets on Sale Now!

Includes Spaghetti with meat sauce, salad, bread, dessert and iced tea or coffee.

Entertainment by: Robbie and Betty Vance

Raffle, Silent Auction and Door Prizes!!!

Keep'em Rolling Raffle Tickets

\$1 each or 6 for \$5

1st Place - Couch ▪ 2nd Place - Quilt ▪ 3rd Place - Afghan

Drawing will be held on March 19th during the Spaghetti Dinner

All proceeds benefit the YVEDDI Meals on Wheels Program

March 22nd at 12:30 PM (Please note date change for the month of March)

Puzzle Flower Garden Art Class

 with Sandi Thomas,

Yadkin Arts Council. Register by the 14th.



March 23rd - 12:30 pm

Prayer Shawl Dedication

March 25th - the Center will be closed for Easter's Good Friday holiday



Information and Referral

Fitness Health Promotion

Senior Games

Family Support Groups

Transportation Medical/General

Caregivers Classes

Energy Assistance

Home Repair/ Modification

Medicaid/Medicare Benefits

Job Training Placement

Telephone Reassurance

Disaster Services

Long-term Care Facilities

Rehabilitation Services

Durable Medical Equipment Asst. Device

Health Screenings

Food Distribution

Tax Preparation Counseling

Legal Services

Respite Housing

Adult Day Care/Day Health

Reverse Mortgage Counseling

Home Health Services

In-home Aide Services

Hospice Care

Social Security Benefits

Community Mental Health

Congregate/Home Delivered Meals

Insurance Counseling

Report Suspected Abuse, Neglect or Exploitation

Happy St. Patrick's Day

Our Newsletter can be found on the YVEDDI website. Click on the senior center tab then arrow down to senior center of your choice. There you will find the latest newsletters you can also like YVEDDI on FACEBOOK.

March 2016



Mon

Tue

Wed

Thu

Fri

<p>Lunch is served daily at 11:30 for ages 60 & older. You must be registered. Contact the Nutrition Site Manager for more information.</p>	<p>1 8 Hearing Screening 10:30 Exercise 11 B/P Check 2:30-4:30 Weaving 6:30 Beginner Shag 1 7:45 Beginner Shag 2</p>	<p>2 10 Bingo 10 Pickleball 11 Exercise w/YVHH 12:30 Prayer Shawls</p>	<p>3 9 Sewing 9:30 Scrapbooking 10 Bingo 1 Book Club @ Park-Wood 2 Cards</p>	<p>4 10 Tribune News 11 Trivia w/ Alice 1:30 Aquatic Class 5:00 Yadkin Trail Riders</p>
<p>7 10 Line Dancing 11 Quilting 1:30 Aquatic Class 5:00 Clogging</p>	<p>8 10:30 Exercise 11 B/P Check 2:30-4:30 Weaving 6:30 Beginner Shag 1 7:45 Beginner Shag 2</p>	<p>9 10:45 The Presbyterian Home Band 10 Pickleball 11 Exercise w/YVHH 12:30 Prayer Shawls</p>	<p>10 9 Sewing 10 Bingo 2 Cards</p>	<p>11 10 Tribune News 11 D-Rex Pharmacy 1:30 Aquatic Class</p>
<p>14 10 Line Dancing 11 Quilting 1:30 Aquatic Class 5:00 Clogging</p>	<p>15 CLOSED due to Voting NO ACTIVITIES</p>	<p>16 10 Bingo 10 Pickleball 11 Exercise w/YVHH 12:30 Prayer Shawls</p>	<p>17 9 Sewing 10 Bingo 11 Dep. Sharon Diaz-Crime Prevention 2 Cards 5:30 Jonesville Historical Society Meeting</p>	<p>18 10 Tribune News 11 Gift bags for fundraiser 1:30 Aquatic Class SATURDAY - 3/19 Spaghetti Dinner Fundraiser</p>
<p>21 10 Line Dancing 11 Quilting 1:30 Aquatic Class 5:00 Clogging</p>	<p>22 10:30 Exercise 11 B/P Check 12:30 Art Class 2:30-4:30 Weaving 6:30 Beginner Shag 1 7:45 Beginner Shag 2</p>	<p>23 10 Bingo 10 Pickleball 11 Emily Parks - Parkinson's Disease 11 Exercise w/YVHH 12:30 Prayer Shawl Dedication</p>	<p>24 9 Sewing 10 Friends of Bill Band 10 Easter Party 2 Cards</p>	<p>25 CLOSED Good Friday NO ACTIVITIES</p>
<p>28 10 Line Dancing 11 Quilting 1:30 Aquatic Class 5:00 Clogging</p>	<p>29 10:30 Exercise 11 Macemore Kids, Guitar & Fiddle 11 B/P Check 2:30-4:30 Weaving 6:30 Beginner Shag 1 7:45 Beginner Shag 2</p>	<p>30 10 Bingo 10 Pickleball 11 Exercise w/YVHH 12:30 Prayer Shawls</p>	<p>31 9 Sewing 10 Bingo 2 Cards</p>	<p>INCLEMENT WEATHER POLICY The Senior Center follows the same inclement weather closings as the Yadkin County School System</p>



Mission Statement: "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."

