

YADKIN VALLEY SENIOR COMMUNITY CENTER NEWS



A North Carolina Senior Center of Excellence

June 2015

Important Announcements

- THE NEXT SENIOR SUPPER WILL BE SEPTEMBER 8th at 5PM
- If you are interested in being a volunteer on the Senior Center's Advisory Council, please attend the next Advisory Council Meeting June 8th at 2PM. Call Jennifer at 336-526-1087 for more information. We are looking for dedicated citizens in our community with a passion for contributing to the Senior Center's growth!
- June 11: Silver Follies— free to the public. Show starts at 3PM at the Yadkin Arts Center in Yadkinville.

JUNE 11 @ 11:00 AM

If you have served in the **ARMED FORCES** of the United States of America you are invited to attend **OPERATION HOME FRONT** Casual Meetings to connect, recognize, and support our local **HERO'S**.

—Sponsored by Mountain Valley Hospice—



Thanks to everyone who joined us on our DASH ballgame trip! We had a blast and we hope you'll join us on our next trip in July...stay tuned for more details!

Information and Referral

Fitness Health Promotion
Senior Games
Family Support Groups
Transportation Medical/General
Caregivers Classes
Energy Assistance
Home Repair/ Modification
Medicaid/Medicare Benefits
Job Training Placement
Telephone Reassurance
Disaster Services
Long-term Care Facilities
Rehabilitation Services
Durable Medical Equipment Asst. Device
Health Screenings
Food Distribution
Tax Preparation Counseling
Legal Services
Respite Housing
Adult Day Care/Day Health
Reverse Mortgage Counseling
Home Health Services
In-home Aide Services
Hospice Care
Social Security Benefits
Community Mental Health
Congregate/Home Delivered Meals
Insurance Counseling
Report Suspected Abuse, Neglect or Exploitation

Our Newsletter can be found on the YVEDDI website. Click on the senior center tab then arrow down to senior center of your choice. There you will find the latest newsletters you can also like YVEDDI on FACEBOOK.

JUNE 2015

Mon	Tue	Wed	Thu	Fri
1 11 Quilting 11 "Elder Abuse" w/ YVEDDI Domestic Violence 1:30 Aquatic Class	2 8 Hearing Screening 10:30 Exercise 11 Amy w/ Mtn. Valley Hospice	3 10 Bingo 10:30 Pickle Ball 11 Exercise 12:30 Prayer Shawls	4 9 Sewing 10 Bingo 11 Corn hole Games 7:30 Trail Riders	5 10:30 Trivia w/ Alice 1:30 Aquatic Class
8 11 Quilting 11 "Operation Home Front" w/ Mtn. Valley Hospice 1:30 Aquatic Class 1:30 Look Good, Feel Better	9 9:30 Scrapbooking 10:30 Exercise 10:45 Flower Arranging w/ Watson's Florist—FREE	10 10 Bingo 10:30 Pickle Ball 11 Meet the Author: Karen Hall 12:30 Prayer Shawls	11 9 Sewing 10 Bingo 11 Meet the Author: Jane Tesh 1 Book Club	12 10:30 D-Rex Pharmacy 1:30 Aquatic Class
15 11 Quilting 12 Hugh Quinn—Exec Director of Grace Clinic 1:30 Aquatic Class	16 10:30 Exercise 11:30 Nutrition w/ P. Rhodes 12:30 Art Class—FREE	17 10 Bingo 10 Meet the Author: Sheri Haymore 10:30 Pickle Ball 12:30 Prayer Shawls	18 9 Sewing 10 Bingo 5:30 History Center Meet- ing	19 10:45 Classic Movie: "The Scarlet Letter" 1:30 Aquatic Class
22 10:30 Tai Chi for Arthritis 11 Quilting 1:30 Aquatic Class	23 10:30 Exercise 10-4 SKIN CANCER SCREENING—FREE	24 10 Bingo 10 Meet the Author: Joe Brown 10:30 Pickle Ball 12:30 Prayer Shawls	25 9 Sewing 10 Bingo 10:45 Friends of Bill Band	26 10:45 Classic Movie: "Ozzie & Harriet Vol.2" 1:30 Aquatic Class
29 11 Quilting 12 Lawrence Prevette Guitar 1:30 Aquatic Class	30 10:30 Exercise 11 "Types of Headaches & Relief" w/ Emily Parks			



Mission Statement: "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."

