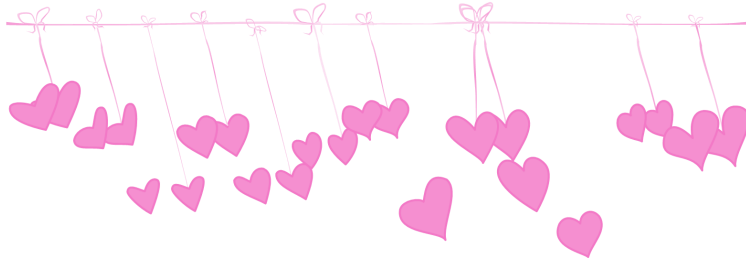


YADKIN VALLEY SENIOR COMMUNITY CENTER NEWS

Important Announcements:





- **Senior Supper**
February 9th
Meet & Greet, 5:00 to 7:00 pm.
Meet the new Senior Center Director , Jane Surratt
- **Prayer Shawl Dedication**
Wednesday, February, 10th
1:30 - 2:30 p.m.
- **Jonesville Historical Society Meeting**
February 18th at 5:30 p.m.
- **Art Class - Wax Paper Crayon Mobile**
Tuesday, Feb.16th 12:30 - 2:30 p.m.
- **We are collecting items for the Jonesville Library during the month of February**
- **Keep'em Rolling Spaghetti Dinner Fundraiser**
Saturday, March 19th
Tickets on Sale Now \$10 per person
- **Keep'em Rolling RAFFLE Tickets on sale now.**
\$1.00 or 6 for \$5.00
1st Place - Couch
2nd Place - Quilt
4rd Place - Afghan

Information and Referral

Fitness Health Promotion
Senior Games
Family Support Groups
Transportation Medical/General
Caregivers Classes
Energy Assistance
Home Repair/ Modification
Medicaid/Medicare Benefits
Job Training Placement
Telephone Reassurance
Disaster Services
Long-term Care Facilities
Rehabilitation Services
Durable Medical Equipment Asst. Device
Health Screenings
Food Distribution
Tax Preparation Counseling
Legal Services
Respite Housing
Adult Day Care/Day Health
Reverse Mortgage Counseling
Home Health Services
In-home Aide Services
Hospice Care
Social Security Benefits
Community Mental Health
Congregate/Home Delivered Meals
Insurance Counseling
Report Suspected Abuse, Neglect or Exploitation

Our Newsletter can be found on the YVEDDI website. Click on the senior center tab then arrow down to senior center of your choice There you will find the latest newsletters you can also like YVEDDI on FACEBOOK.

February 2016

Mon	Tue	Wed	Thu	Fri
<p>1</p> <p>10 Line Dancing 11 Quilting 1:30 Aquatic Class 5:00 Clogging</p>	<p>2</p> <p>8 Hearing Screening 10:30 Exercise 11 Blood Pressure Ck 11 Amy Wilhelm, Mtn Valley Hospice 2:30-4:30 Weaving</p>	<p>3</p> <p>10 Bingo 10 Pickleball 11 Exercise w/ YVHH 12:30 Prayer Shawls</p>	<p>4</p> <p>9 Sewing 9:30 Scrapbooking 10 Bingo 11 Superbowl Party 1 Book Club @ Parkwood 2 Cards</p>	<p>5</p> <p>10 Tribune News 11 Trivia w/ Alice 1:30 Aquatic Class</p>
<p>8</p> <p>10 Line Dancing 11 Quilting 1:30 Aquatic Class 1:30 Look Good, Feel Better 5:00 Clogging</p>	<p>9</p> <p>10:30 Exercise 11 Blood Pressure Ck 2:30-4:30 Weaving 5 Senior Supper, Meet and Greet</p>	<p>10</p> <p>10 Bingo 11 Pickleball 11 Diabetes Basics w/ Lynn Clayton 12:30 Prayer Shawls 1:30-2:30 Prayer Shawl Dedication</p>	<p>11</p> <p>9 Sewing 10 Bingo 2 Cards</p>	<p>12</p> <p>10 Tribune News 1:30 Aquatic Class</p>
<p>15</p> <p>10 Line Dancing 11 Quilting 1:30 Aquatic Class 5:00 Clogging</p>	<p>16</p> <p>10:30 Exercise 11 Blood Pressure Ck 12:30 Art Class 2:30-4:30 Weaving</p>	<p>17</p> <p>10 Bingo 11 Heart Healthy Diet w/ Marilyn Wells 10 Pickleball 12:30 Prayer Shawls</p>	<p>18</p> <p>9 Sewing 10 Bingo 11 Dept Sharon Diaz 2 Cards 5:30 Jonesville Historical Society Meeting</p>	<p>19</p> <p>10 Tribune News 1:30 Aquatic Class</p>
<p>22</p> <p>10 Line Dancing 11 Quilting 1:30 Aquatic Class 5:00 Clogging</p>	<p>23</p> <p>10:30 Exercise 11 Blood Pressure Ck 2:30-4:30 Weaving</p>	<p>24</p> <p>10 Bingo 11 Pruett Home Health 12 Pickleball 12:30 Prayer Shawls</p>	<p>25</p> <p>9 Sewing 10 Bingo 10:30 Friends of Bill Band 2 Cards</p>	<p>26</p> <p>10 Tribune News 1:30 Aquatic Class</p>
<p>29</p> <p>10 Line Dancing 11 Quilting 1:30 Aquatic Class 5:00 Clogging</p>				<p>INCLEMENT WEATHER POLICY</p> <p>The Senior Center follows the same inclement weather closings as the Yadkin County School System.</p>



Mission Statement: "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."

