

# EAST BEND SENIOR COMMUNITY CENTER NEWS



A North Carolina Senior Center of Excellence

July 2016

## Important Announcements



FRIDAY

Join Us... **JULY 8** 6 PM

*for a Premier Designs Jewelry Party Fundraiser*

You may preview the catalog and place an order anytime on or before July 8<sup>th</sup>.

Call Rhonda Beavers for more details.

25% of sales will be donated back to the East Bend Senior Center.

East Bend Senior Center  
473 East Main Street  
East Bend, NC 27018  
(336) 699-5100



## Information and Referral

- Fitness Health Promotion
- Senior Games
- Family Support Groups
- Transportation Medical/General
- Caregivers Classes
- Energy Assistance
- Home Repair/ Modification
- Medicaid/Medicare Benefits
- Job Training Placement
- Telephone Reassurance
- Disaster Services
- Long-term Care Facilities
- Rehabilitation Services
- Durable Medical Equipment Asst. Device
- Health Screenings
- Food Distribution
- Tax Preparation Counseling
- Legal Services
- Respite Housing
- Adult Day Care/Day Health
- Reverse Mortgage Counseling
- Home Health Services
- In-home Aide Services
- Hospice Care
- Social Security Benefits
- Community Mental Health
- Congregate/Home Delivered Meals
- Insurance Counseling (SHIIP)
- Report Suspected Abuse, Neglect or Exploitation

JULY 19th at 11 am Gerry Bennett will be doing a Chalk Art Presentation to a musical cantata "Joy in the Journey"

ATTENTION: ART CLASSES HAVE BEEN CANCELED FOR EAST BEND SENIOR CENTER DUE TO GRANT FUNDING CUTS. We want to thank the Yadkin Valley Arts Council for all they have done for us.

## NEW

We now have a ALD Assisted Listening Device.

This is available to use during Programs when we may have a speaker presenting and you have trouble hearing this person. This is to use only during center programming. See Rhonda for assistance.

Our Financial Statement is available for viewing upon request.



# JULY 2016

Mon	Tue	Wed	Thu	Fri
		<p><i>Lunch is served daily at 11:30 for ages 60 &amp; older. You must be registered. Contact the Nutrition Site Manager for more information.</i></p>		<p>1 9 East Blender 10 Journal Now 11 Brain Games 7 Rook</p>
<p>4 CLOSED</p> 	<p>5 9:30 Couples Dance \$4 10 Journal Now 11 Judy and Roy Music 12 Painting Club 7 Sassy Seniors</p>	<p>6 10 Journal Now 10 Yadtel TV/Games 11 Dot Sing Along 12:30 Quarter BINGO 1 Sr. Bowling Mt Airy \$1.50 per game</p>	<p>7 10 Adult Coloring 10 Journal Now 11 Bingo 12:30 6 Zumba 7:30 Line Dance Adv \$4</p>	<p>8 9 East Blender 10 Journal Now 11 Brain Games 7 Rook</p>
<p>11 10 Journal Now 11 Mt Valley Hospice 12 Crocheting 5:30 Variety Dance</p>	<p>12 9:30 Couples Dance \$4 10 Journal Now 11 Deputy Diaz 12 Painting Club 6 Quilters Guild 7 Sassy Seniors</p>	<p>13 10 Journal Now 10 Yadtel TV/Games 11 Blood Pressure 12:30 Quarter BINGO 1 Sr. Bowling Mt Airy \$1.50 per game</p>	<p>14 10 Adult Coloring 10 Journal Now 11 Nutritional Bingo 12:30 6 Zumba 7:30 Line Dance Adv \$4</p>	<p>15 9 East Blender 10 Journal Now 10:30 Birthday Party 11 Brain Games 7 Rook</p>
<p>18 10 Journal Now 11 Band 12 Crocheting 5:30 Variety Dance</p>	<p>19 9:30 Couples Dance \$4 10 Journal Now 11 Chalk Art 12 Painting Club 7 Sassy Seniors</p>	<p>20 10 Journal Now 10 Yadtel TV/Games 11 Visitation 12:30 Quarter BINGO 1 Sr. Bowling Mt Airy \$1.50 per game</p>	<p>21 10 Adult Coloring 10 Journal Now 11 Bingo 12:30 6 Zumba 7:30 Line Dance Adv \$4</p>	<p>22 9 East Blender 10 Journal Now 11 Wake Forest - Cancer 7 Rook</p>
<p>25 10 Journal Now 11 Show &amp; Tell 12 Crocheting 5:30 Variety Dance</p>	<p>26 9:30 Couples Dance \$4 10 Journal Now 11 Story Telling 12 Painting Club 7 Sassy Seniors</p>	<p>27 10 Journal Now 10 Yadtel TV/Games 11 Corn Hole 12:30 Quarter BINGO 1 Sr. Bowling Mt Airy \$1.50 per game</p>	<p>28 10 Adult Coloring 10 Journal Now 11 Nutritional Bingo 12:30 6 Zumba 7:30 Line Dance Adv \$4</p>	<p>29 9 East Blender 10 Journal Now 11 Likes &amp; Dislikes 7 Rook</p>

**Mission Statement:** "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."