EAST BEND SENIOR COMMUNITY CENTER NEWS



A North Carolina Senior Center of Excellence

February 2016

Important Announcements



Art Class

Feb. 9th at 12:30 PM

Jodi Pounds, with the

Yadkin Arts Council will assist

Register by the 8th.

CELEBRATE

Black History Month Susan with the East Bend Public Library will be doing a presentation on Black History on Feb. 23 at 10:45 AM.

All are welcome.

Information and Referral

Fitness Health Promotion

Senior Games

Family Support Groups

Transportation Medical/General

Caregivers Classes

Energy Assistance

Home Repair/ Modification

Medicaid/Medicare Benefits

Job Training Placement

Telephone Reassurance

Disaster Services

Long-term Care Facilities

Rehabilitation Services

Durable Medical Equipment Asst. Device

Health Screenings

Food Distribution

Tax Preparation Counseling

Legal Services

Respite Housing

Adult Day Care/Day Health

Reverse Mortgage Counseling

Home Heath Services

In-home Aide Services

Hospice Care

Social Security Benefits

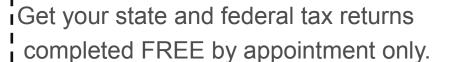
Community Mental Health

Congregate/Home Delivered Meals

Insurance Counseling (SHIIP)

Report Suspected Abuse, Neglect or Exploitation

VITA Free Tax Preparation



Appointment times will be on Mondays and Saturdays.

Please call the senior center at 699-5100 to schedule your appointment.

INCLEMENT WEATHER POLICY

The Senior
Center follows
the same
inclement
weather closings
as the Yadkin
County School
System.



Don't Forget

Feb. 4th IPAD/IPHONE Class 12:30-2:30 sponsored by Yadtel. Bring your smart phone to learn the ins and outs.

Feb. 16th Valentines Dance. \$10 per person Dinner provided. Stan Bobbitt Band performing. Tickets On Sale Now!

			Fel	bruary 2016
Monday	Tuesday	Wednesday	Thursday	Friday
1 10Journal Now 11 Brain Games 12 Crocheting 5:30 Variety Dance \$4	2 9:30 Couples Dance \$4 10 Journal Now 11 Judy and Roy 12 Painting Club 6 Quilters Quild 7 Sassy Seniors	3 10 Journal Now 10 Yadtel TV/Games 11 Dots Music melody 12;30 quarter Bingo 1 Sr Bowling Mt Airy \$1.50 per game	4 10 Adult Coloring 10 Journal Now 11 BINGO 12:30 Matter of Balance 12:30 iPad/iPhone 6 ZUMBA 7 Ruritans 7:30 Line Dance Adv\$4	5 9 East Blenders 10 Journal Now 11 show & tell 7 Rook
8 10 Journal Now 11 Mt Valley Hospice w/ Amy Edu. 12 Crocheting 3:00 Girl Scouts Intergenerational 5:30 Variety Dance \$4	9 9:30 Couples Dance \$4 10 Journal Now 11 Deputy Diaz Edu. 12 Painting Club 12:30 Craft Day w/Arts Co. 6 Quilters Quild 7 Sassy Seniors	10 10 Journal Now 10 Yadtel TV/Games 11 BP Checks 12;30 quarter Bingo 1 Sr Bowling Mt Airy \$1.50 per game	11 10 Adult Coloring 10 Journal Now 11 Nutrition BINGO 12:30 Matter of Balance 1 Home Extension Club 6 ZUMBA 7:30 Line Dance Adv\$4	9 East Blenders 9:30 We honor Veterans 11 Valentines Party 10 Journal Now 7 Rook
15 10 Journal Now 11 Georges Band 12 Crocheting 5:30 Variety Dance \$4	16 9:30 Couples Dance \$4 10 Journal Now 11 Smokey Mtn. Edu. 12 Painting Club 12:30 Movie Day at EBPL "The Shunning" 5 Stan Bobbitt Dance \$5 Valentine Dance 7 Sassy Seniors	17 10 Journal Now 10 Yadtel TV/Games 11 fellowship 12:30 quarter Blngo 1 Sr Bowling Mt Airy \$1.50 per game	18 10 Adult Coloring 10 Journal Now 11 BINGO 12:30 Matter of Balance 7:30 Line Dance Adv\$4	19 9 East Blenders 10 Journal Now 11 Dm. Violence Edu. 7 Rook
22 10 Journal Now 11 Birthday Party 12 Crocheting 5:30 Variety Dance \$4	9:30 Couples Dance \$4 10 Journal Now 11 EBPL w/ Susan "Black History" 12 Painting Club 5:30 Widow/widowers supper support group 7 Sassy Seniors	24 10 Journal Now 10 Yadtel TV/Games 11 Sassy Seniors 12:30 quarter Blngo 1 Sr Bowling Mt Airy \$1.50 per game	25 10 Adult Coloring 10 Journal Now 11 Nutrition Bingo 7:30 Line Dance Adv\$4	26 9 East Blenders 10 Journal Now 11 likes & dislikes 7 Rook
29 10 Journal Now 11 old & new photos 12 Crocheting 5:30 Variety Dance			YVEDDI VADRIE VALLEY ECONOMIC DEVELOPMENT DISTRICT, INC.	Yadkin County At A

Mission Statement: "To Enhance the Quality of life for Senior Adults"