



A North Carolina Senior Center of Excellence

August 2016

Important Announcements

NOTE: No movie will be shown in August (at the Library)

If you have "Medicaid", it may have some benefits that you may not be aware of that could benefit you. Please call the Senior Center for more information.

NEW

We now have a ALD Assisted Listening Device.

This device is available to use during programs when we may have a speaker presenting and you have trouble hearing this person. Used during center programming only. See Rhonda for assistance.

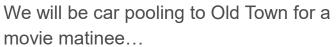
Want to try Something New?



August 8th at 10:00AM

Learn to play a new dice game called Zilch. Its fun, keeps you constantly thinking and adding.

Tuesday, August 9 (after lunch)



"Secret Life of Pets", an animated comedy. (rated PG)

\$5 movies, \$2 small popcorn and \$2 drinks. See Rhonda to sign up.

Our Financial Statement is available for viewing upon request.

Information and Referral

Fitness Health Promotion

Senior Games

Family Support Groups

Transportation Medical/General

Caregivers Classes

Energy Assistance

Home Repair/ Modification

Medicaid/Medicare Benefits

Job Training Placement

Telephone Reassurance

Disaster Services

Long-term Care Facilities

Rehabilitation Services

Durable Medical Equipment Asst. Device

Health Screenings

Food Distribution

Tax Preparation Counseling

Legal Services

Respite Housing

Adult Day Care/Day Health

Reverse Mortgage Counseling

Home Heath Services

In-home Aide Services

Hospice Care

Social Security Benefits

Community Mental Health

Congregate/Home Delivered Meals

Insurance Counseling (SHIIP)

Report Suspected Abuse, Neglect or Exploitation

Every Dime Counts!

We are filling a 2 liter jar that will total at least \$500 that will benefit YVEDDI Meals
On Wheels.

So start digging out those dimes and drop them in our jar!

August 2016

Mon	Tue	Wed	Thu	Fri
1 10 Journal Now 11 Visitation 12 Crocheting 5:30 Variety Dance	9:30 Couples Dance \$4 10 Journal Now 11 Judy & Ray 12 Painting Club 7 Sassy Seniors	3 10 Journal Now 10 Yadtel TV/Games 11 Dot's Sing Along 12:30 Quarter BINGO 1 Sr. Bowling Mt Airy \$1.50 per game	4 10 Adult Coloring 10 Journal Now 11 Nutritional Bingo 12:30 6 Zumba 7:30 Line Dance Adv \$4	5 9 East Blender 10 Journal Now 11 Brain Games 7 Rook
8 10 Journal Now 10 ZILCH dice game 11 Mt Valley Hospice 12 Crocheting 5:30 Variety Dance	9 9:30 Couples Dance \$4 10 Journal Now 11 Deputy Diaz Crime Pre 12 Painting Club 6 Quilters Quild 7 Sassy Seniors	10 10 Journal Now 10 Yadtel TV/Games 11 Blood Pressure 12:30 Quarter BINGO 1 Sr. Bowling Mt Airy \$1.50 per game	11 10 Adult Coloring 10 Journal Now 11 Bingo 12:30 6 Zumba 7:30 Line Dance Adv \$4	12 9 East Blender 10 Journal Now 11 Brain Games 7 Rook
15 10 Journal Now 11 Band 12 Crocheting 5:30 Variety Dance	16 9:30 Couples Dance \$4 10 Journal Now 11 Fellowship 12 Painting Club 12:30 EBPL Movie day 6 Stan Bobbitt Dance \$5 7 Sassy Seniors	17 10 Journal Now 10 Yadtel TV/Games 11 Visitation 12:30 Quarter BINGO 1 Sr. Bowling Mt Airy \$1.50 per game	18 10 Adult Coloring 10 Journal Now 11 Nutritional Bingo 12:30 6 Zumba 7:30 Line Dance Adv \$4	19 9 East Blender 10 Journal Now 11 Brain Games 7 Rook
22 10 Journal Now 11 Birthday Party 12 Crocheting 5:30 Variety Dance	23 9:30 Couples Dance \$4 10 Journal Now 11 Story Telling 12 Painting Club w/ EBPL 7 Sassy Seniors	24 10 Journal Now 10 Yadtel TV/Games 11 Corn Hole 12:30 Quarter BINGO 1 Sr. Bowling Mt Airy \$1.50 per game	25 10 Adult Coloring 10 Journal Now 11 Bingo 12:30 6 Zumba 7:30 Line Dance Adv \$4	26 9 East Blender 10 Journal Now 11 Wake Forest 7 Rook
29 10 Journal Now 11 Show & Tell 12 Crocheting 5:30 Variety Dance	30 9:30 Couples Dance \$4 10 Journal Now 11 Likes & Dislikes 12 Painting Club 7 Sassy Seniors	31 10 Journal Now 10 Yadtel TV/Games 11 Old & New Photos 12:30 Quarter BINGO 1 Sr. Bowling Mt Airy \$1.50 per game	Lunch is served daily at 11:30 for ages 60 & older. You must be registered. Contact the Nutrition Site Manager for more information.	YVEDDI YAKIN VALLEY ECONOMIC DEVELOPMENT DISTRICT, INC.

Mission Statement: "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."