

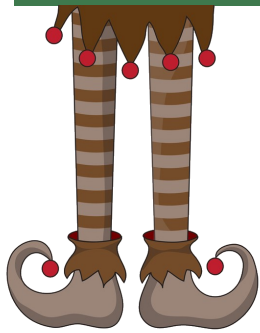


# YADKIN VALLEY SENIOR COMMUNITY CENTER NEWS




A North Carolina Certified Senior Center of Excellence

December 2017



## Important Announcements:

### December 7th 5 - 7 PM Holly Jolly Christmas Party

\$10 per person. Music and Comedian Entertainment. Food, Fun and more Fun. Limited seating. Sponsored by: 

Event Location:

Yadkin County Agricultural & Educational Building  
2051 Agricultural Way ▪ Yadkinville, NC 27055

### Holiday/Closing Schedule

December 25 –27, 2017: Christmas Holiday

January 1, 2018: New Years Day

January 15, 2018: Martin Luther King Jr. Day

### INCLEMENT WEATHER POLICY

The Senior Center follows the same inclement weather closings as the Yadkin County School System.

Our Newsletter can be found on the YVEDDI website. Click on the senior center tab then arrow down to senior center of your choice There you will find the latest newsletter, you can also like us on FACEBOOK. If you would like to receive our newsletter via email please email [sjohnson@yveddi.com](mailto:sjohnson@yveddi.com). Please call 336-526-1087 for more information!

Hello!

*I hope all of you had a nice Thanksgiving. This time of year makes me thankful for so many things - family, friends, a warm home, a job that allows me to help others. I have so much to be thankful for; most of us do. Let's remember that when times get tough, we can always find something positive, something to be thankful for.*

*Today we learned that one of our friends, Alice Coe, passed away and some of our seniors are broken hearted. Alice was a very special lady who had a beautiful smile and a courageous heart. She will be missed at senior center. She fought her battle as brave as any warrior that ever lived. That is what I will remember about Ms. Alice. This holiday season, let's try to be kinder than we have to and nicer than we need to because someone, somewhere might need to be lifted up just a little bit.*

Sandra

*Merry Christmas!*



### Information and Referral

- Fitness Health Promotion
- Senior Games
- Family Support Groups
- Transportation Medical/General
- Caregivers Classes
- Energy Assistance
- Home Repair/ Modification
- Medicaid/Medicare Benefits
- Job Training Placement
- Telephone Reassurance
- Disaster Services
- Long-term Care Facilities
- Rehabilitation Services
- Durable Medical Equipment Asst. Device
- Health Screenings
- Food Distribution
- Tax Preparation Counseling
- Legal Services
- Respite Housing
- Adult Day Care/Day Health
- Reverse Mortgage Counseling
- Home Health Services
- In-home Aide Services
- Hospice Care
- Social Security Benefits
- Community Mental Health
- Congregate/Home Delivered Meals
- Insurance Counseling
- Report Suspected Abuse, Neglect or Exploitation

We encourage you to SUPPORT the Yadkin Valley United Fund and the Yadkin County United Fund



# DECEMBER 2017

Mon	Tue	Wed	Thu	Fri
Lunch is served daily at 11:30 for ages 60 & older. You must be registered. Contact the Nutrition Site Manager for more information.	 YVEDDI YADKIN VALLEY ECONOMIC DEVELOPMENT DISTRICT, INC.	 Yadkin Valley UNITED FUND  Yadkin County UNITED FUND		1 9:30 -11:30 Pickleball 10:00 Coffee Chat 11:00 Game Day Friday
4 10:00 Line Dancing \$ 11:00 Show and Tell 11:00 Quilting 6:00 Clogging \$	5 10:30 Linda's Exercise 5:00 Weight Watchers 6:30 Beginner Shag 1 \$ 7:45 Shag 2 \$	6 10:30 Bingo 12:30 Prayer Shawls	7 9:00 9:00 Sewing \$ 9:30 Scrapbooking \$ 11:00 Puzzle Day	8 9:30 -11:30 Pickleball 10:00 Coffee Chat 11:00 Game Day Friday
11 10:00 Line Dancing \$ 11:00 Show and Tell 11:00 Quilting 6:00 Clogging \$	12 10:00 Historical Society 10:30 Linda's Exercise 5:00 Weight Watchers 6:30 Beginner Shag 1 \$ 7:45 Shag 2 \$	13 10:30 Bingo 12:30 Prayer Shawls	14 9:00 Sewing \$ 11:00 Puzzle Day	15 9:30 -11:30 Pickleball 10:00 Coffee Chat 11:00 Game Day Friday
18 10:00 Line Dancing \$ 11:00 Quilting 11:00 Show and Tell 6:00 Clogging \$	19 10:00 Vaya Health 10:30 Linda's Exercise 10:30 Nutritional BINGO 5:00 Weight Watchers 6:30 Beginner Shag 1 \$ 7:45 Shag 2 \$	20 10:30 Bingo 12:30 Prayer Shawls	21 9:00 Sewing \$ 11:00 Officer Diaz	22 9:30 -11:30 Pickleball 10:00 Coffee Chat 11:00 Game Day Friday 12:00 Christmas Party!
25 CLOSED Christmas Holiday	26 CLOSED Christmas Holiday	27 CLOSED Christmas Holiday	28 CLOSED	29 CLOSED



**Mission Statement:** "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."