

YADKIN VALLEY SENIOR COMMUNITY CENTER NEWS



A North Carolina Senior Center of Excellence

April 2015

Important Announcements

THANK YOU TO EVERYONE WHO SUPPORTED THE FUNDRAISER FOR MEALS-ON-WHEELS/CONGREGATE LUNCHESES on March 21st! It was a wonderful success and we appreciate Tracey Anderson's hard work with this effort. We also would like to thank all volunteers who gave endless amounts of time towards this important fundraiser. Check out a few pictures from that night below...Elvis was a HIT!



Reminders

Aquatic Class: Every Tues. & Thurs. from 1-2 PM

Arts and Crafts Class: Every 3rd Tuesday at 12:30 PM

Basket Weaving Class: April 9th at 12:30 PM Cost \$5

NO SENIOR SUPPER THIS MONTH!



*April's Art Project
Sponsored by the
Yadkin Arts Council:*

Wooden Memo Board



TIME FOR A TRIP!

DASH BASEBALL GAME

May 11

Leaving at 10AM

\$25.00

Covers transportation, all you can eat hot dogs and hamburgers, limited edition hat, and video recognition on the video board!

Yadkin Valley Senior Center
121 Delos Martin Drive
Jonesville, NC 28642

336.526.1087

April 2015

Mon

Tue

Wed

Thu

Fri

		<p>1</p> <p>10:00 Bingo 10:00 Pickle Ball 11:00 TEACH Homeschool Easter Concert 12:30 Prayer Shawls 12:30 Rook/Cards</p>	<p>2</p> <p>9:00 Sewing 9:30 Scrapbooking 11:30 Easter Party 1:00 Aquatic Class 7:30 Yadkin Valley Trail Riders</p>	<p>3</p> <p>CLOSED</p>
<p>6</p> <p>11:00 Quilting 11:30 Meet the Author: Siv Ashley</p>	<p>7</p> <p>8:00 Best Value Hearing Screening 10:30 Aerobic Exercise 11:30 Mtn. Valley Hospice 1:00 Aquatic Class</p>	<p>8</p> <p>10:00 Bingo 10:00 Pickle Ball 11:30 Better Choice Nutrition—Marilyn Wells 12:30 Prayer Shawls 12:30 Rook/Cards</p>	<p>9</p> <p>9:00 Sewing 10:00 Bingo 11:00 The Sassy Seniors 12:30 Basket Weaving 1:00 Aquatic Class</p>	<p>10</p> <p>10:00 Cornhole 11:00 D-Rex Pharmacy 12:00 Ping Pong 2:00 Computer Sessions</p>
<p>13</p> <p>11:00 Quilting 11:30 Meet the Author: Joyell & Savannah Leonard</p>	<p>14</p> <p>10:30 Aerobic Exercise 11:00 Leon Reece Concert 1:00 Aquatic Class</p>	<p>15</p> <p>10:00 Bingo 10:00 Pickle Ball 11:30 Better Choice Nutrition—Marilyn Wells 12:30 Prayer Shawls 12:30 Rook/Cards</p>	<p>16</p> <p>9:00 Sewing 10:00 Bingo 11:30 Sharon Diaz w/ Yadkin Sherriff's Dept. 1:00 Aquatic Class</p>	<p>17</p> <p>10:00 Cornhole 10:30 Trivia w/ Alice 12:00 Ping Pong 2:00 Computer Sessions</p>
<p>20</p> <p>11:00 Quilting 11:30 Cameron Kent</p>	<p>21</p> <p>10:30 Aerobic Exercise 11:00 Chris Hauser w/ Impact Yadkin 12:30 Arts & Craft Class 1:00 Aquatic Class</p>	<p>22</p> <p>10:00 Bingo 10:00 Pickle Ball 11:30 Better Choice Nutrition—Marilyn Wells 12:30 Prayer Shawls 12:30 Rook/Cards</p>	<p>23</p> <p>9:00 Sewing 10:00 Bingo 11:00 Friends of Bills Band 1:00 Aquatic Class</p>	<p>24</p> <p>10:00 Cornhole 11:30 Safety w/ Peggy 12:00 Ping Pong 2:00 Computer Sessions</p>
<p>27</p> <p>11:00 Quilting 11:30 Sarah Byrd</p>	<p>28</p> <p>10:30 Aerobic Exercise 11:00 Oliver Helsabeck Concert 1:00 Aquatic Class</p>	<p>29</p> <p>10:00 Bingo 10:00 Pickle Ball 11:30 Better Choice Nutrition—Marilyn Wells 12:30 Prayer Shawls 12:30 Rook/Cards</p>	<p>30</p> <p>9:00 Sewing 10:00 Bingo 11:30 Lynn Johnson w/ Pruitt Health 1:00 Aquatic Class</p>	<p>Lunch served Monday-Friday at 11:30 a.m. for ages 60 and older.</p> <p>Registration required</p> <p>See Nutrition Site Manager, Tracey Anderson, to pre-register.</p>

Mission Statement: "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."