



YADKIN VALLEY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

AUGUST 2017



Important Announcements:

I would like to take the opportunity of introducing myself as the new Yadkin Valley Senior Center Manager.

I am looking forward to new and exciting activities and look forward to this new adventure with all of you.

My goals are to improve or maintain independent wellness and to enhance the quality of life for all participants.

Please call or visit the center anytime and share your suggestions to help us make this the best place to work, play and volunteer.

I hope to see or hear from you soon.

Sandra Sawyers Johnson

August 17th at 10:30 am until 11:30 am - **Bingo Birthday Bash** sponsored by Cigna Insurance. Prizes!!! Ice cream with toppings to be provided after lunch. Lunch provided to ENP clients. If you would like to join us for meals, please pre-registered at least two days before with Dee Matthews at 336-526-1087.

2nd Tuesday of each month 9:00 a.m. - 1:00 p.m. **FREE Hearing Screenings** by Best Value Hearing Care.

We will be conducting a center-wide survey in September, please see me to participate and you be entered in a drawing for a prize!

We are in search of a musician to lead in sing-a-long one Thursday each month. Please call me if you are interest. Sandra Johnson (336) 526-1087.

If you would like to receive our newsletter via email please contact me at sjohnson@yveddi.com.

Information and Referral

- Fitness Health Promotion
- Senior Games
- Family Support Groups
- Transportation Medical/General
- Caregivers Classes
- Energy Assistance
- Home Repair/ Modification
- Medicaid/Medicare Benefits
- Job Training Placement
- Telephone Reassurance
- Disaster Services
- Long-term Care Facilities
- Rehabilitation Services
- Durable Medical Equipment Asst. Device
- Health Screenings
- Food Distribution
- Tax Preparation Counseling
- Legal Services
- Respite Housing
- Adult Day Care/Day Health
- Reverse Mortgage Counseling
- Home Health Services
- In-home Aide Services
- Hospice Care
- Social Security Benefits
- Community Mental Health
- Congregate/Home Delivered Meals
- Insurance Counseling
- Report Suspected Abuse, Neglect or Exploitation



How You Can Give...



The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!
We encourage you to SUPPORT THE Yadkin County United Fund

By Mail: Yadkin County United Fund
205 S. Jackson Street • Yadkinville, NC 27055
Or visit www.yadkincountyunitedfund.org



Our Newsletter can be found on the YVEDDI website. Click on the senior center tab then arrow down to senior center of your choice There you will find the latest newsletter, you can also like us on FACEBOOK.

AUGUST 2017

Mon	Tue	Wed	Thu	Fri
Lunch is served daily at 11:30 for ages 60 & older. You must be registered. Contact the Nutrition Site Manager for more information.	1 9:00 a.m. - 1:00 p.m. - Hearing Screening by Best Value Hearing Care 10:30 Linda's Exercise 10:30 Nutrition Bingo 5:00 Weight Watchers 6:30 Beginner Shag 1 7:45 Shag 2	2 10:30 Bingo 12:30 Prayer Shawls	3 9:00 Sewing 11:00 Likes and Dislikes	4 10:00 Coffee Chat / Current Events 11:00 Game Day Friday
7 10:00 Line Dancing 11:00 Quilting 11:00 Show and Tell 5:00 Clogging	8 10:30 Linda's Exercise 10:30 Nutrition Bingo 5:00 Weight Watchers 6:30 Beginner Shag 1 7:45 Shag 2	9 10:30 Bingo 12:30 Prayer Shawls	10 9 Sewing 11:00 Puzzle Day 7:30 YV Trail Riders	11 10 :00 Coffee Chat / Current Events 11:00 Game Day Friday
14 10:00 Line Dancing 11:00 Show and Tell 11:00 Quilting 5:00 Clogging	15 10:30 Linda's Exercise 10:30 Nutrition Bingo 5:00 Weight Watchers 6:30 Beginner Shag 1 7:45 Shag 2	16 10:30 Bingo 12:30 Prayer Shawls	17 9:00 Sewing 10:30 Bingo / Ice Cream 11 Deputy Diaz	18 10 Coffee Chat 11 Game Day Friday
21 10:00 Line Dancing 11:00 Quilting 11:00 Show and Tell 5:00 Clogging	22 10:30 Linda's Exercise 10:30 Nutrition Bingo 5:00 Weight Watchers 6:30 Beginner Shag 1 7:45 Shag 2	23 10:30 Bingo 12:30 Prayer Shawl	24 9 Sewing 11 Georges Hennings Band 11 Birthday Celebration	25 10 Coffee Chat 11 Game Day Friday
28 10:00 Line Dancing 11:00 Quilting 11:00 Show and Tell 5:00 Clogging	29 10:30 Linda's Exercise 10:30 Nutrition Bingo 5:00 Weight Watchers 6:30 Beginner Shag 1 7:45 Shag 2	30 10:30 Bingo 12:30 Prayer Shawl	31 9:00 Sewing 11:00 Puzzle Day	 

Mission Statement: "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."