Each Center is open Monday -Friday from 8:00 am - 4:30 pm and some evening hours for various classes and activities.

Please call the center nearest you for a current schedule of events and activities.

Volunteers are always needed to teach classes, deliver homebound meals, and assist with various other needs at each center and in the community. Let us help you find a rewarding volunteer opportunity.

Senior Centers are funded by the State of North Carolina, Counties of Surry and Yadkin, individual contributions, Foundations, and United Ways. East Bend Senior Center 336-699-5100 473 E. Main Street East Bend, NC 27018

Pilot Mountain Senior Center 336-368-2012 Fax 336-368-4115 873 West 52 Bypass Pilot Mountain, NC 27041

Surry County Senior Center 336-786-6155 ext. 225 Fax 336-786-1951 215 Jones School Road Mount Airy, NC 27030

Yadkin County Senior Center 336-679-3596 207 East Hemlock Street Yadkinville, NC 27055

Yadkin Valley Senior Center 336-526-1087 121 Delos Martin Drive Jonesville, NC 28642

> Operated by: YVEDDI P.O. Box 309 533 N. Carolina Ave. Highway 601 N Boonville, NC 27011 (336) 367-7251 Phone (336) 367-4842 fax www.yveddi.com



## Senior Centers of Excellence





Serving Senior Adults Ages 50 and Older.

Senior Centers of Excellence are multi-purpose centers which address the needs of older adults.

Programs offered promote socialization, recreation, health/ wellness, education, and volunteerism. Periodic health screenings and information pertinent to seniors are also provided.

Centers (Yadkinville, Jonesville, East Bend, and Mount Airy) are available for community or private use for a nominal fee.

## **Mission Statement**

To improve or maintain independent wellness for the older adult through advocacy and vigorous programming.



Education, Socialization, Recreation, Health and Wellness, Trips and more...

## Services & Referrals Available

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Support Groups or Classes for Caregivers or others facing challenges
- Housing Assistance
- Reverse Mortgage Counseling
- Home Repair/Modification
- Home Health Services
- In-home Aide Services
- Medicaid Benefits
- Medicare Parts A & B
- Medicare Part D
- Social Security Benefits
- Job Training/Placement
- Congregate Meals
- Home Delivered Meals
- Adult Day Care/ Day Health
- Mental Health
- Disaster Preparedness
- Durable Equipment/Assistive Devices
- Hospice Care
- Long-term Care Facilities
- Rehabilitation Services
- Report Suspected Abuse
- Neglect or Exploitation
- Respite
- Senior Games
- Telephone Reassurance
- Energy Assistance
- Telephone Reassurance
- Information and Referral







Please call the Center nearest you for a current schedule of events and activities.