Each Center is open Monday - Friday from 8:00 am - 4:30 pm and some evening hours for various classes and activities.

Please call the center nearest you for a current schedule of events and activities.

Volunteers are always needed to teach classes, deliver home-bound meals, and assist with various other needs at each center and in the community. Let us help you find a rewarding volunteer opportunity.



Senior Centers are funded by the State of North Carolina, Counties of Surry and Yadkin, individual contributions, Foundations, and United Ways.

### East Bend Senior Center 336-699-5100

473 E. Main Street East Bend. NC 27018

## Yadkin County Senior Center 336-679-3596

207 East Hemlock Street Yadkinville, NC 27055

## Yadkin Valley Senior Center 336-526-1087

121 Delos Martin Drive Jonesville, NC 28642

#### Surry County Senior Center 336-786-6155 ext. 225 Fax 336-786-1951

215 Jones School Road Mount Airy, NC 27030

#### \* Pilot Mountain Senior Center

(Satellite Center \* Is not certified as a Senior Center of Excellence)

336-368-2012 Fax 336-368-4115

873 West 52 Bypass Pilot Mountain, NC 27041

Operated by:
YVEDDI
P.O. Box 309
533 N. Carolina Ave.
Highway 601 N
Boonville, NC 27011

(336) 367-7251 Phone (336) 367-4842 fax www.yveddi.com



# Senior Centers of Excellence





Serving Senior Adults Ages 50 and Older.

Senior Centers of Excellence are multi-purpose centers which address the needs of older adults.

Programs offered promote socialization, recreation, health/wellness, education, and volunteerism. Periodic health screenings and information pertinent to seniors are also provided.

Centers (Yadkinville, Jonesville, East Bend, and Mount Airy) are available for community or private use for a nominal fee.

#### **Mission Statement**

To improve or maintain independent wellness for the older adult through advocacy and vigorous programming.



## Education, Socialization, Recreation, Health and Wellness, Trips and more...

#### Services & Referrals Available

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Support Groups or Classes for Caregivers or others facing challenges
- Housing Assistance
- Reverse Mortgage Counseling
- Home Repair/Modification
- Home Health Services
- In-home Aide Services
- Medicaid Benefits
- Medicare Parts A & B
- Medicare Part D
- Social Security Benefits
- Job Training/Placement
- Congregate Meals
- Home Delivered Meals
- Adult Day Care/ Day Health
- Mental Health
- Disaster Preparedness
- Durable Equipment/Assistive Devices
- Hospice Care
- Long-term Care Facilities
- Rehabilitation Services
- Report Suspected Abuse
- Neglect or Exploitation
- Respite
- Senior Games
- Telephone Reassurance
- Energy Assistance
- Telephone Reassurance
- Information and Referral







Please call the Center nearest you for a current schedule of events and activities