

Surry County Senior Center September 2013
Mission Statement: To Enhance the Quality Of Life for Senior Adults

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>CLOSED</p>	<p>3</p> <p>9:00 Painting with Phyllis 1:00 Busy Fingers (Crochet) 7-8:30 Ballroom Dance 7:00-9:00 Square Dance</p>	<p>4</p> <p>10:00 Blended Bingo 10:30 Arthritis Tai Chi 1:00 Bowling (Off Site) 1:00 Creative Crafts 1:30 Open Cards 7:00-9:00 Shag</p>	<p>5</p> <p>9:30 Bridge Club 11:00 Coffee w/Carol At Mt Airy Nutrition Site</p>	<p>6</p>
<p>9</p> <p>10:00 Yoga Lite 11:15 Dance Mix With Tracie</p>	<p>10</p> <p>9:00 Painting with Phyllis 1:00 Busy Fingers (Crochet) 7-8:30 Ballroom Dance 7:00-9:00 Square Dance</p>	<p>11</p> <p>10:00 Blended Bingo 10:30 Arthritis Tai Chi 1:00 Bowling (Off Site) 1:00 Creative Crafts 1:30 Open Cards</p>	<p>12</p> <p>9:30 Bridge Club 11:00 Coffee w/Carol At Lowgap Nutrition Site 1:00-5:00(Floating) Chrismon Group</p>	<p>13</p> <p>Dance with Classic Country \$5.00 at the door. 7:00 to 10:00 PM Conference Room</p>
<p>16</p> <p>10:00 Yoga Lite 11:15 Dance Mix With Tracie</p>	<p>17</p> <p>9:00 Painting with Phyllis)</p> <p>Mayberry Mad Hatters (Time & Meeting Places Vary)</p> <p>1:00 Busy Fingers (Crochet) 7-8:30 Ballroom Dance 7:00-9:00 Square Dance</p>	<p>18</p> <p>10:00 Blended Bingo 10:30 Arthritis Tai Chi 1:00 Bowling (Off Site) 1:00 Creative Crafts 1:30 Open Cards</p>	<p>19</p> <p>9:30 Bridge Club 6:00 Compassion Circle</p>	<p>20</p>
<p>23</p> <p>10:00 Yoga Lite 11:15 Dance Mix With Tracie</p>	<p>24</p> <p>9:00 Painting with Phyllis 1:00 Busy Fingers (Crochet) 7-8:30 Ballroom Dance 7:00-9:00 Square Dance</p>	<p>25</p> <p>10:00 Blended Bingo 10:30 Arthritis Tai Chi 1:00 Bowling (Off Site) 1:00 Creative Crafts 1:30 Open Cards</p>	<p>26</p> <p>9:30 Bridge Club 11:00 Coffee w/Carol At Dobson Nutrition Site</p> <p>SENIOR FUN DAY Faith Baptist Church 2:00 – 4:30 PM No charge.</p>	<p>27</p> <p>9:30 to 10:30 AM Free Blood Pressure Checks <i>Sponsored by Mt. Valley Hospice</i></p>
<p>30</p> <p>10:00 Yoga Lite 11:15 Dance Mix With Tracie</p> <p>Cherokee, NC Day Trip</p>	<p>DROP IN ACTIVITIES Available When Classes/Programs Are Not in Session</p> <p>*Checkers & Chess* *Reading & Puzzles* *Computer/Internet</p>	<p>786-6155</p> <p>Annalisa Ext. 222 Carol Ext. 242</p> <p>adavis@yveddi.com</p>		 <p>MEMBER AGENCY</p>