



Mon	Tue	Wed	Thu	Fri
1 BBQ Pork on bun Mashed Potatoes Green Beans Oatmeal Cookies	2 Roast Turkey w/ Gravy Carrots Peas Parsley Rice Dinner Roll Vanilla Pudding	3 Hot Dog on bun Baked Beans Coleslaw Peaches	4 Hot Ham w/ glaze Oven Stripped Potatoes Cabbage Cornbread Muffin Pineapple	5 Lasagna Tossed Salad Broccoli Garlic Toast Pears
8 Chicken Salad on bun Potato Salad Sugar Cookies	9 Chicken Pot Pie Broccoli Cauliflower Whole Wheat Bread Chocolate Pudding	10 Sweet N Sour Meatballs w/ Parsley Noodles Green Beans w/ onions Mandarin Oranges Dinner Roll Fig Bar	11 Seasoned Pinto Beans Greens Mashed Potatoes Pears Cornbread Muffin Brownie	12 BBQ Beef Pattie on bun Baked Beans Creamy Coleslaw Glazed Apples
15 Pork Chop Tomato & Okra Rice Carrot Raisin Salad Biscuit Cottage Cheese w/ Peaches	16 Baked Herb Chicken Cabbage Pears Black Beans Cornbread Muffin Apple Cobbler	17 Spaghetti w/ Italian Sauce Tossed Salad Peas Whole Wheat Bread Mixed Fruit	18 Baked Potato w/ cheese sauce/chili Broccoli Biscuit Mandarin Oranges	19 Smoked Sausage on bun Lima Beans Greens Mixed Fruited Gelatin
22 BBQ Chicken Broccoli Parsley Rice Cornbread Muffin Peach Cobbler	23 Meatloaf Carrots Peas Au Gratin Potatoes Biscuit Chocolate Pudding	24 Macaroni w/ Italian Sauce Tossed Salad Glazed Apples Dinner Roll Brownie	25 Fish Fillet Sand- wich w/ tartar sauce Pinto Beans Coleslaw Fruit Salad	26 Beef Pattie w/ cheese on bun Oven Brownd Po- tatoes Pineapple Crisp
29 BBQ Pork on bun Mashed Potatoes Green Beans Oatmeal Cookies	30 Roast Turkey w/ Gravy Carrots Peas Parsley Rice Dinner Roll Vanilla Pudding		To cancel homebound meals, call: _____ by noon the day before	2% milk is served with every meal. All starches and vege- tables prepared low fat and low sodium. Catered by Aramark



May 2013



Mon	Tue	Wed	Thu	Fri
<p>2% milk is served with every meal.</p> <p>All starches and vegetables prepared low fat and low sodium.</p> <p>Catered by Aramark</p>	<p>To cancel homebound meals, call:</p> <hr/> <p>by noon the day before</p>	<p>1</p> <p>Hot Dog on bun Baked Beans Coleslaw Peaches</p>	<p>2</p> <p>Hot Ham w/ glaze Oven Stripped Potatoes Cabbage Cornbread Muffin Pineapple</p>	<p>3</p> <p>Lasagna Tossed Salad Broccoli Garlic Toast Pears</p>
<p>6</p> <p>Chicken Salad on bun Potato Salad Sugar Cookies</p>	<p>7</p> <p>Chicken Pot Pie Broccoli Cauliflower Whole Wheat Bread Chocolate Pudding</p>	<p>8</p> <p>Sweet N Sour Meatballs w/ Parsley Noodles Green Beans w/ onions Mandarin Oranges Dinner Roll Fig Bar</p>	<p>9</p> <p>Seasoned Pinto Beans Greens Mashed Potatoes Pears Cornbread Muffin Brownie</p>	<p>10</p> <p>BBQ Beef Pattie on bun Baked Beans Creamy Coleslaw Glazed Apples</p>
<p>13</p> <p>Pork Chop Tomato & Okra Rice Carrot Raisin Salad Biscuit Cottage Cheese w/ Peaches</p>	<p>14</p> <p>Baked Herb Chicken Cabbage Pears Black Beans Cornbread Muffin Apple Cobbler</p>	<p>15</p> <p>Spaghetti w/ Italian Sauce Tossed Salad Peas Whole Wheat Bread Mixed Fruit</p>	<p>16</p> <p>Baked Potato w/ cheese sauce/chili Broccoli Biscuit Mandarin Oranges</p>	<p>17</p> <p>Smoked Sausage on bun Lima Beans Greens Mixed Fruited Gelatin</p>
<p>20</p> <p>BBQ Chicken Broccoli Parsley Rice Cornbread Muffin Peach Cobbler</p>	<p>21</p> <p>Meatloaf Carrots Peas Au Gratin Potatoes Biscuit Chocolate Pudding</p>	<p>22</p> <p>Macaroni w/ Italian Sauce Tossed Salad Glazed Apples Dinner Roll Brownie</p>	<p>23</p> <p>Fish Fillet Sandwich w/ tartar sauce Pinto Beans Coleslaw Fruit Salad</p>	<p>24</p> <p>Beef Pattie w/ cheese on bun Oven Brownd Potatoes Pineapple Crisp</p>
<p>27</p> <p>CLOSED (Memorial Day)</p>	<p>28</p> <p>Roast Turkey w/ Gravy Carrots Peas Parsley Rice Dinner Roll Vanilla Pudding</p>	<p>29</p> <p>Hot Dog on bun Baked Beans Coleslaw Peaches</p>	<p>30</p> <p>Hot Ham w/ glaze Oven Stripped Potatoes Cabbage Cornbread Muffin Pineapple</p>	<p>31</p> <p>Lasagna Tossed Salad Broccoli Garlic Toast Pears</p>

Mon	Tue	Wed	Thu	Fri
<p>2% milk is served with every meal.</p> <p>All starches and vegetables prepared low fat and low sodium.</p> <p>Catered by Aramark</p>	<p>To cancel homebound meals, call:</p> <hr/> <p>by noon the day before</p>			
<p>3 Chicken Salad on bun Potato Salad Sugar Cookies</p>	<p>4 Chicken Pot Pie Broccoli Cauliflower Whole Wheat Bread Chocolate Pudding</p>	<p>5 Sweet N Sour Meatballs w/ Parsley Noodles Green Beans w/ onions Mandarin Oranges Dinner Roll Fig Bar</p>	<p>6 Seasoned Pinto Beans Greens Mashed Potatoes Pears Cornbread Muffin Brownie</p>	<p>7 BBQ Beef Pattie on bun Baked Beans Creamy Coleslaw Glazed Apples</p>
<p>10 Pork Chop Tomato & Okra Rice Carrot Raisin Salad Biscuit Cottage Cheese w/ Peaches</p>	<p>11 Baked Herb Chicken Cabbage Pears Black Beans Cornbread Muffin Apple Cobbler</p>	<p>12 Spaghetti w/ Italian Sauce Tossed Salad Peas Whole Wheat Bread Mixed Fruit</p>	<p>13 Baked Potato w/ cheese sauce/chili Broccoli Biscuit Mandarin Oranges</p>	<p>14 Smoked Sausage on bun Lima Beans Greens Mixed Fruited Gelatin</p>
<p>17 BBQ Chicken Broccoli Parsley Rice Cornbread Muffin Peach Cobbler</p>	<p>18 Meatloaf Carrots Peas Au Gratin Potatoes Biscuit Chocolate Pudding</p>	<p>19 Macaroni w/ Italian Sauce Tossed Salad Glazed Apples Dinner Roll Brownie</p>	<p>20 Fish Fillet Sandwich w/ tartar sauce Pinto Beans Coleslaw Fruit Salad</p>	<p>21 Beef Pattie w/ cheese on bun Oven Browned Potatoes Pineapple Crisp</p>
<p>24 BBQ Pork on bun Mashed Potatoes Green Beans Oatmeal Cookies</p>	<p>25 Roast Turkey w/ Gravy Carrots Peas Parsley Rice Dinner Roll Vanilla Pudding</p>	<p>26 Hot Dog on bun Baked Beans Coleslaw Peaches</p>	<p>27 Hot Ham w/ glaze Oven Stripped Potatoes Cabbage Cornbread Muffin Pineapple</p>	<p>28 Lasagna Tossed Salad Broccoli Garlic Toast Pears</p>



July 2013



Mon	Tue	Wed	Thu	Fri
<p>1</p> <p>Chicken Salad on bun Potato Salad Sugar Cookies</p>	<p>2</p> <p>Chicken Pot Pie Broccoli Cauliflower Whole Wheat Bread Chocolate Pudding</p>	<p>3</p> <p>Sweet N Sour Meatballs w/ Parsley Noodles Green Beans w/ onions Mandarin Oranges Dinner Roll Fig Bar</p>	<p>4</p> <p>CLOSED (4th of July)</p>	<p>5</p> <p>BBQ Beef Pattie on bun Baked Beans Creamy Coleslaw Glazed Apples</p>
<p>8</p> <p>Pork Chop Tomato & Okra Rice Carrot Raisin Salad Biscuit Cottage Cheese w/ Peaches</p>	<p>9</p> <p>Baked Herb Chicken Cabbage Pears Black Beans Cornbread Muffin Apple Cobbler</p>	<p>10</p> <p>Spaghetti w/ Italian Sauce Tossed Salad Peas Whole Wheat Bread Mixed Fruit</p>	<p>11</p> <p>Baked Potato w/ cheese sauce/chili Broccoli Biscuit Mandarin Oranges</p>	<p>12</p> <p>Smoked Sausage on bun Lima Beans Greens Mixed Fruited Gelatin</p>
<p>15</p> <p>BBQ Chicken Broccoli Parsley Rice Cornbread Muffin Peach Cobbler</p>	<p>16</p> <p>Meatloaf Carrots Peas Au Gratin Potatoes Biscuit Chocolate Pudding</p>	<p>17</p> <p>Macaroni w/ Italian Sauce Tossed Salad Glazed Apples Dinner Roll Brownie</p>	<p>18</p> <p>Fish Fillet Sandwich w/ tartar sauce Pinto Beans Coleslaw Fruit Salad</p>	<p>19</p> <p>Beef Pattie w/ cheese on bun Oven Browned Potatoes Pineapple Crisp</p>
<p>22</p> <p>BBQ Pork on bun Mashed Potatoes Green Beans Oatmeal Cookies</p>	<p>23</p> <p>Roast Turkey w/ Gravy Carrots Peas Parsley Rice Dinner Roll Vanilla Pudding</p>	<p>24</p> <p>Hot Dog on bun Baked Beans Coleslaw Peaches</p>	<p>25</p> <p>Hot Ham w/ glaze Oven Stripped Potatoes Cabbage Cornbread Muffin Pineapple</p>	<p>26</p> <p>Lasagna Tossed Salad Broccoli Garlic Toast Pears</p>
<p>29</p> <p>Chicken Salad on bun Potato Salad Sugar Cookies</p>	<p>30</p> <p>Chicken Pot Pie Broccoli Cauliflower Whole Wheat Bread Chocolate Pudding</p>	<p>31</p> <p>Sweet N Sour Meatballs w/ Parsley Noodles Green Beans w/ onions Mandarin Oranges Dinner Roll Fig Bar</p>	<p>To cancel homebound meals, call:</p> <p>_____</p> <p>by noon the day before</p>	<p>2% milk is served with every meal.</p> <p>All starches and vegetables prepared low fat and low sodium.</p> <p>Catered by Aramark</p>



August 2013

Mon	Tue	Wed	Thu	Fri
<p>2% milk is served with every meal.</p> <p>All starches and vegetables prepared low fat and low sodium.</p> <p>Catered by Aramark</p>	<p>To cancel homebound meals, call:</p> <hr/> <p>by noon the day before</p>		<p>1 Seasoned Pinto Beans Greens Mashed Potatoes Pears Cornbread Muffin Brownie</p>	<p>2 BBQ Beef Pattie on bun Baked Beans Creamy Coleslaw Glazed Apples</p>
<p>5 Pork Chop Tomato & Okra Rice Carrot Raisin Salad Biscuit Cottage Cheese w/ Peaches</p>	<p>6 Baked Herb Chicken Cabbage Pears Black Beans Cornbread Muffin Apple Cobbler</p>	<p>7 Spaghetti w/ Italian Sauce Tossed Salad Peas Whole Wheat Bread Mixed Fruit</p>	<p>8 Baked Potato w/ cheese sauce/chili Broccoli Biscuit Mandarin Oranges</p>	<p>9 Smoked Sausage on bun Lima Beans Greens Mixed Fruited Gelatin</p>
<p>12 BBQ Chicken Broccoli Parsley Rice Cornbread Muffin Peach Cobbler</p>	<p>13 Meatloaf Carrots Peas Au Gratin Potatoes Biscuit Chocolate Pudding</p>	<p>14 Macaroni w/ Italian Sauce Tossed Salad Glazed Apples Dinner Roll Brownie</p>	<p>15 Fish Fillet Sandwich w/ tartar sauce Pinto Beans Coleslaw Fruit Salad</p>	<p>16 Beef Pattie w/ cheese on bun Oven Browned Potatoes Pineapple Crisp</p>
<p>19 BBQ Pork on bun Mashed Potatoes Green Beans Oatmeal Cookies</p>	<p>20 Roast Turkey w/ Gravy Carrots Peas Parsley Rice Dinner Roll Vanilla Pudding</p>	<p>21 Hot Dog on bun Baked Beans Coleslaw Peaches</p>	<p>22 Hot Ham w/ glaze Oven Stripped Potatoes Cabbage Cornbread Muffin Pineapple</p>	<p>23 Lasagna Tossed Salad Broccoli Garlic Toast Pears</p>
<p>26 Chicken Salad on bun Potato Salad Sugar Cookies</p>	<p>27 Chicken Pot Pie Broccoli Cauliflower Whole Wheat Bread Chocolate Pudding</p>	<p>28 Sweet N Sour Meatballs w/ Parsley Noodles Green Beans w/ onions Mandarin Oranges Dinner Roll Fig Bar</p>	<p>29 Seasoned Pinto Beans Greens Mashed Potatoes Pears Cornbread Muffin Brownie</p>	<p>30 BBQ Beef Pattie on bun Baked Beans Creamy Coleslaw Glazed Apples</p>



September 2013

Mon	Tue	Wed	Thu	Fri
2 CLOSED (Labor Day)	3 Baked Herb Chicken Cabbage Pears Black Beans Cornbread Muffin Apple Cobbler	4 Spaghetti w/ Italian Sauce Tossed Salad Peas Whole Wheat Bread Mixed Fruit	5 Baked Potato w/ cheese sauce/chili Broccoli Biscuit Mandarin Oranges	6 Smoked Sausage on bun Lima Beans Greens Mixed Fruited Gelatin
9 BBQ Chicken Broccoli Parsley Rice Cornbread Muffin Peach Cobbler	10 Meatloaf Carrots Peas Au Gratin Potatoes Biscuit Chocolate Pudding	11 Macaroni w/ Italian Sauce Tossed Salad Glazed Apples Dinner Roll Brownie	12 Fish Fillet Sand- wich w/ tartar sauce Pinto Beans Coleslaw Fruit Salad	13 Beef Pattie w/ cheese on bun Oven Brownd Potatoes Pineapple Crisp
16 BBQ Pork on bun Mashed Potatoes Green Beans Oatmeal Cookies	17 Roast Turkey w/ Gravy Carrots Peas Parsley Rice Dinner Roll Vanilla Pudding	18 Hot Dog on bun Baked Beans Coleslaw Peaches	19 Hot Ham w/ glaze Oven Stripped Potatoes Cabbage Cornbread Muffin Pineapple	20 Lasagna Tossed Salad Broccoli Garlic Toast Pears
23 Chicken Salad on bun Potato Salad Sugar Cookies	24 Chicken Pot Pie Broccoli Cauliflower Whole Wheat Bread Chocolate Pudding	25 Sweet N Sour Meatballs w/ Parsley Noodles Green Beans w/ onions Mandarin Oranges Dinner Roll Fig Bar	26 Seasoned Pinto Beans Greens Mashed Potatoes Pears Cornbread Muffin Brownie	27 BBQ Beef Pattie on bun Baked Beans Creamy Coleslaw Glazed Apples
30 Pork Chop Tomato & Okra Rice Carrot Raisin Salad Biscuit Cottage Cheese w/ Peaches			To cancel homebound meals, call: _____ by noon the day before	2% milk is served with every meal. All starches and vegeta- bles prepared low fat and low sodium. Catered by Aramark