



October 2014

Mon	Tue	Wed	Thu	Fri	
	2% milk is served with every meal. All starches and vegetables prepared low fat and low sodium. Catered by Aramark	1 Hot Dog w/ chili on Bun Baked Beans Coleslaw Peaches	2 Hot Ham with glaze Mashed Potatoes Cabbage Cornbread Muffin Pineapple	3 Lasagna Tossed Salad Broccoli Garlic Toast Pears	
	6 BBQ Chicken Corn Cabbage Rice Whole Wheat Bread Mandarin Oranges	7 Chicken Pot Pie Broccoli Cauliflower Whole Wheat Bread Chocolate Pudding	8 Home-style Meatballs Peas Mixed Fruit Parsley Noodles Whole Wheat Bread Gelatin Dessert	9 Seasoned Pinto Beans Greens Pears Cornbread Muffin Brownie	10 Pork Rib Pattie on Whole Wheat bun Au Gratin Potatoes Creamy Coleslaw Glazed Apples
	13 Pork Chop Corn Carrot Raisin Salad Rice Biscuit Peaches	14 Baked Herb Chicken Cabbage Pears Pinto Beans Cornbread Muffin Apple Crisp	15 Spaghetti w/ Italian Sauce Tossed Salad Peas Whole Wheat Bread Mixed Fruit	16 Over Fried Chicken Broccoli Rice Pilaf Biscuit Mandarin Oranges	17 Smoked Sausage on bun Baked Beans Greens Gelatin
	20 Tangy BBQ Chicken Broccoli Green Beans Rice Dinner Roll Peach Cobbler	21 Meatloaf Carrots Peas Au Gratin Potatoes Biscuit Chocolate Pudding	22 Italian Sauce over Macaroni Tossed Salad Glazed Apples Dinner Roll Brownie	23 Fish Fillet Sandwich Baked Beans Coleslaw Fruit Salad	24 Salisbury Steak w/ green pepper & Onion Gravy Mash Potatoes Greens Beans Whole Wheat Bun Pineapple Crisp
	27 BBQ Pork on Whole Wheat Bun Green Beans Mash Potatoes Oatmeal Cookies	28 Roast Turkey w/ gravy Carrots Peas Parsley Rice Dinner Roll Vanilla Pudding	29 Hot Dog w/ chili on Bun Baked Beans Coleslaw Peaches	30 Hot Ham with glaze Mashed Potatoes Cabbage Cornbread Muffin Pineapple	31 Lasagna Tossed Salad Broccoli Garlic Toast Pears

To cancel homebound meals, call: _____ by noon the day before

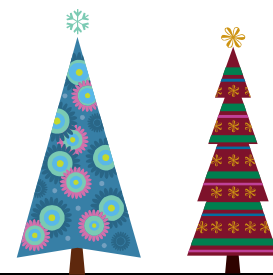


November 2014

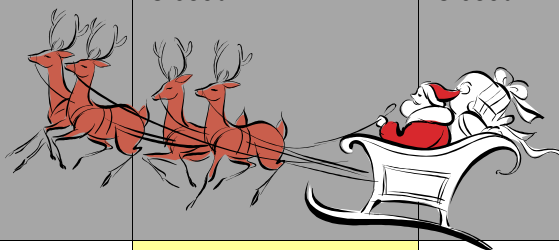
Mon	Tue	Wed	Thu	Fri
	2% milk is served with every meal. All starches and vegetables prepared low fat and low sodium. Catered by Aramark			
3 BBQ Chicken Corn Cabbage Rice Whole Wheat Bread Mandarin Oranges	4 Chicken Pot Pie Broccoli Cauliflower Whole Wheat Bread Chocolate Pudding	5 Home-style Meatballs Peas Mixed Fruit Parsley Noodles Whole Wheat Bread Gelatin Dessert	6 Seasoned Pinto Beans Greens Pears Cornbread Muffin Brownie	7 Pork Rib Pattie on Whole Wheat bun Au Gratin Potatoes Creamy Coleslaw Glazed Apples
10 Pork Chop Corn Carrot Raisin Salad Rice Biscuit Peaches	11 Closed	12 Italian Sauce over Macaroni Tossed Salad Glazed Apples Dinner Roll Brownie	13 Over Fried Chicken Broccoli Rice Pilaf Biscuit Mandarin Oranges	14 Smoked Sausage on bun Baked Beans Greens Gelatin
17 Tangy BBQ Chicken Broccoli Green Beans Rice Dinner Roll Peach Cobbler	18 Meatloaf Carrots Peas Au Gratin Potatoes Biscuit Chocolate Pudding	19 Italian Sauce over Macaroni Tossed Salad Glazed Apples Dinner Roll Brownie	20 Fish Fillet Sandwich Baked Beans Coleslaw Fruit Salad	21 Salisbury Steak w/ green pepper & Onion Gravy Mash Potatoes Greens Beans Whole Wheat Bun Pineapple Crisp
24 BBQ Pork on Whole Wheat Bun Green Beans Mash Potatoes Oatmeal Cookies	25 Roast Turkey w/ gravy Carrots Peas Parsley Rice Dinner Roll Vanilla Pudding	26 Hot Dog w/ chili on Bun Baked Beans Coleslaw Peaches	27 Closed	28 Closed

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December 2014



Mon	Tue	Wed	Thu	Fri
1 BBQ Chicken Corn Cabbage Rice Whole Wheat Bread Mandarin Oranges	2 Chicken Pot Pie Broccoli Cauliflower Whole Wheat Bread Chocolate Pudding	3 Home-style Meatballs Peas Mixed Fruit Parsley Noodles Whole Wheat Bread Gelatin Dessert	4 Seasoned Pinto Beans Greens Pears Cornbread Muffin Brownie	5 Pork Rib Pattie on Whole Wheat bun Au Gratin Potatoes Creamy Coleslaw Glazed Apples
8 Pork Chop Corn Carrot Raisin Salad Rice Biscuit Peaches	9 Baked Herb Chicken Cabbage Pears Pinto Beans Cornbread Muffin Apple Crisp	10 Italian Sauce over Macaroni Tossed Salad Glazed Apples Dinner Roll Brownie	11 Over Fried Chicken Broccoli Rice Pilaf Biscuit Mandarin Oranges	12 Smoked Sausage on bun Baked Beans Greens Gelatin
15 Tangy BBQ Chicken Broccoli Green Beans Rice Dinner Roll Peach Cobbler	16 Meatloaf Carrots Peas Au Gratin Potatoes Biscuit Chocolate Pudding	17 Italian Sauce over Macaroni Tossed Salad Glazed Apples Dinner Roll Brownie	18 Fish Fillet Sandwich Baked Beans Coleslaw Fruit Salad	19 Salisbury Steak w/ green pepper & Onion Gravy Mash Potatoes Greens Beans Whole Wheat Bun Pineapple Crisp
22 BBQ Pork on Whole Wheat Bun Green Beans Mash Potatoes Oatmeal Cookies	23 Roast Turkey w/ gravy Carrots Peas Parsley Rice Dinner Roll Vanilla Pudding	24 Closed	25 Closed	26 Closed
29 BBQ Chicken Corn Cabbage Rice Whole Wheat Bread Mandarin Oranges	30 Chicken Pot Pie Broccoli Cauliflower Whole Wheat Bread Chocolate Pudding	31 Home-style Meatballs Peas Mixed Fruit Parsley Noodles Whole Wheat Bread Gelatin Dessert	<p>2% milk is served with every meal.</p> <p>All starches and vegetables prepared low fat and low sodium.</p> <p>Catered by Aramark</p>	



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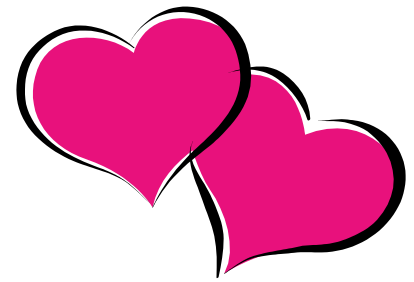


January 2015

Mon	Tue	Wed	Thu	Fri
	<p>2% milk is served with every meal.</p> <p>All starches and vegetables prepared low fat and low sodium.</p> <p>Catered by Aramark</p>		<p>1 Closed</p> 	<p>2 Pork Rib Pattie on Whole Wheat bun Au Gratin Potatoes Creamy Coleslaw Glazed Apples</p>
<p>5 Pork Chop Corn Carrot Raisin Salad Rice Biscuit Peaches</p>	<p>6 Baked Herb Chicken Cabbage Pears Pinto Beans Cornbread Muffin Apple Crisp</p>	<p>7 Italian Sauce over Macaroni Tossed Salad Glazed Apples Dinner Roll Brownie</p>	<p>8 Over Fried Chicken Broccoli Rice Pilaf Biscuit Mandarin Oranges</p>	<p>9 Smoked Sausage on bun Baked Beans Greens Gelatin</p>
<p>12 Tangy BBQ Chicken Broccoli Green Beans Rice Dinner Roll Peach Cobbler</p>	<p>13 Meatloaf Carrots Peas Au Gratin Potatoes Biscuit Chocolate Pudding</p>	<p>14 Italian Sauce over Macaroni Tossed Salad Glazed Apples Dinner Roll Brownie</p>	<p>15 Fish Fillet Sandwich Baked Beans Coleslaw Fruit Salad</p>	<p>16 Salisbury Steak w/ green pepper & Onion Gravy Mash Potatoes Greens Beans Whole Wheat Bun</p>
<p>19 Closed</p>	<p>20 Roast Turkey w/ gravy Carrots Peas Parsley Rice Dinner Roll Vanilla Pudding</p>	<p>21 Hot Dog w/ chili on Bun Baked Beans Coleslaw Peaches</p>	<p>22 Hot Ham with glaze Mashed Potatoes Cabbage Cornbread Muffin Pineapple</p>	<p>23 Lasagna Tossed Salad Broccoli Garlic Toast Pears</p>
<p>26 BBQ Chicken Corn Cabbage Rice Whole Wheat Bread Mandarin Oranges</p>	<p>27 Chicken Pot Pie Broccoli Cauliflower Whole Wheat Bread Chocolate Pudding</p>	<p>28 Home-style Meatballs Peas Mixed Fruit Parsley Noodles Whole Wheat Bread Gelatin Dessert</p>	<p>29 Seasoned Pinto Beans Greens Pears Cornbread Muffin Brownie</p>	<p>30 Pork Rib Pattie on Whole Wheat bun Au Gratin Potatoes Creamy Coleslaw Glazed Apples</p>

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February 2015



Mon	Tue	Wed	Thu	Fri
2 Pork Chop Corn Carrot Raisin Salad Rice Biscuit Peaches	3 Baked Herb Chicken Cabbage Pears Pinto Beans Cornbread Muffin Apple Crisp	4 Italian Sauce over Macaroni Tossed Salad Glazed Apples Dinner Roll Brownie	5 Over Fried Chicken Broccoli Rice Pilaf Biscuit Mandarin Oranges	6 Smoked Sausage on bun Baked Beans Greens Gelatin
9 Tangy BBQ Chicken Broccoli Green Beans Rice Dinner Roll Peach Cobbler	10 Meatloaf Carrots Peas Au Gratin Potatoes Biscuit Chocolate Pudding	11 Italian Sauce over Macaroni Tossed Salad Glazed Apples Dinner Roll Brownie	12 Fish Fillet Sandwich Baked Beans Coleslaw Fruit Salad	13 Salisbury Steak w/ green pepper & Onion Gravy Mash Potatoes Greens Beans Whole Wheat Bun Pineapple Crisp
16 BBQ Pork on Whole Wheat Bun Green Beans Mash Potatoes Oatmeal Cookies	17 Roast Turkey w/ gravy Carrots Peas Parsley Rice Dinner Roll Vanilla Pudding	18 Hot Dog w/ chili on Bun Baked Beans Coleslaw Peaches	19 Hot Ham with glaze Mashed Potatoes Cabbage Cornbread Muffin Pineapple	20 Lasagna Tossed Salad Broccoli Garlic Toast Pears
23 BBQ Chicken Corn Cabbage Rice Whole Wheat Bread Mandarin Oranges	24 Chicken Pot Pie Broccoli Cauliflower Whole Wheat Bread Chocolate Pudding	25 Home-style Meatballs Peas Mixed Fruit Parsley Noodles Whole Wheat Bread Gelatin Dessert	26 Seasoned Pinto Beans Greens Pears Cornbread Muffin Brownie	27 Pork Rib Pattie on Whole Wheat bun Au Gratin Potatoes Creamy Coleslaw Glazed Apples
				2% milk is served with every meal. All starches and vegeta- bles prepared low fat and low sodium. Catered by Aramark

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March 2015



Mon	Tue	Wed	Thu	Fri
2 Pork Chop Corn Carrot Raisin Salad Rice Biscuit Peaches	3 Baked Herb Chicken Cabbage Pears Pinto Beans Cornbread Muffin Apple Crisp	4 Italian Sauce over Macaroni Tossed Salad Glazed Apples Dinner Roll Brownie	5 Over Fried Chicken Broccoli Rice Pilaf Biscuit Mandarin Oranges	6 Smoked Sausage on bun Baked Beans Greens Gelatin
9 Tangy BBQ Chicken Broccoli Green Beans Rice Dinner Roll Peach Cobbler	10 Meatloaf Carrots Peas Au Gratin Potatoes Biscuit Chocolate Pudding	11 Italian Sauce over Macaroni Tossed Salad Glazed Apples Dinner Roll Brownie	12 Fish Fillet Sandwich Baked Beans Coleslaw Fruit Salad	13 Salisbury Steak w/ green pepper & Onion Gravy Mash Potatoes Greens Beans Whole Wheat Bun Pineapple Crisp
16 BBQ Pork on Whole Wheat Bun Green Beans Mash Potatoes Oatmeal Cookies	17 Roast Turkey w/ gravy Carrots Peas Parsley Rice Dinner Roll Vanilla Pudding	18 Hot Dog w/ chili on Bun Baked Beans Coleslaw Peaches	19 Hot Ham with glaze Mashed Potatoes Cabbage Cornbread Muffin Pineapple	20 Lasagna Tossed Salad Broccoli Garlic Toast Pears
23 BBQ Chicken Corn Cabbage Rice Whole Wheat Bread Mandarin Oranges	24 Chicken Pot Pie Broccoli Cauliflower Whole Wheat Bread Chocolate Pudding	25 Home-style Meatballs Peas Mixed Fruit Parsley Noodles Whole Wheat Bread Gelatin Dessert	26 Seasoned Pinto Beans Greens Pears Cornbread Muffin Brownie	27 Pork Rib Pattie on Whole Wheat bun Au Gratin Potatoes Creamy Coleslaw Glazed Apples
30 Pork Chop Corn Carrot Raisin Salad Rice Biscuit Peaches	31 Baked Herb Chicken Cabbage Pears Pinto Beans Cornbread Muffin Apple Crisp			2% milk is served with every meal. All starches and vege- tables prepared low fat and low sodium. Catered by Aramark



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