



October 2013

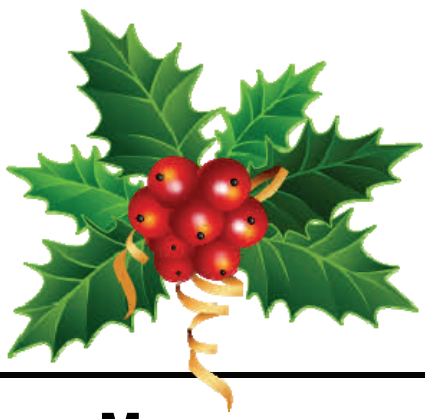
Mon	Tue	Wed	Thu	Fri
<p>2% milk is served with every meal.</p> <p>All starches and vegetables prepared low fat and low sodium.</p> <p>Catered by Aramark</p>	1 BBQ Pork on Wheat Bun Cajun Potatoes Green Beans Cole Slaw Chocolate Cake	2 Oven Baked Chicken Breast Rice Broccoli Applesauce Dinner Roll Sugar Cookies	3 Spaghetti w/ Meatballs Corn Green Salad Dinner Roll Stewed Apples	4 Pinto Beans Greens Mashed Potatoes Corn Muffin Pears Fig Bar
	7 BBQ Beef Pattie on Wheat Bun Oven Browned Potatoes Coleslaw Gingerbread Cake	8 Meatloaf Mashed Potatoes Green Beans Dinner Roll Applesauce	9 Hot Ham w/ Pineapple Glaze Sweet Potatoes Peas Dinner Roll Pears	10 Chicken Pot Pie Cauliflower Broccoli Wheat Bread Chocolate Pudding
14 BBQ Chicken Breast Rice Cabbage Rice Dinner Roll Pineapple Cake	15 Marinated Pork Chop Black-eyed Peas Carrots Dinner Roll Apple Sauce	16 Spaghetti w/ Meat Sauce Mixed Vegetables Tossed Salad Sugar Cookie	17 Pinto Beans Mashed Potatoes w/ Gravy Greens Cornbread Muffin Mandarin Orange Chocolate Cake	18 Oven Baked Breaded Fish Pattie on Wheat Bun Cole Slaw Green Beans Fruit Cocktail
21 Hot Ham w/ Pineapple Glaze Sweet Potatoes Peas Dinner Roll Vanilla Pudding	22 Baked Chicken Breast Parsley Rice Mixed Vegetables Pineapple Chunks Biscuit Gingerbread Cake	23 Lasagna Tossed Salad Broccoli Garlic Toast Pears	24 Hot Dog w/ Chili Baked Beans Coleslaw Fruit Cocktail	25 Rotini w/ Meat Sauce topped w/ Mozzarella Cheese Green Salad Stewed Apples Dinner Roll Brownie
28 Roast Turkey w/ Gravy Carrots Green Peas Parsley Rice Dinner Roll Peaches	29 BBQ Pork on Wheat Bun Cajun Potatoes Green Beans Cole Slaw Chocolate Cake	30 Oven Baked Chicken Breast Rice Broccoli Applesauce Dinner Roll Sugar Cookies	31 Spaghetti w/ Meatballs Corn Green Salad Dinner Roll Stewed Apples	
				

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November 2013

Mon	Tue	Wed	Thu	Fri
	 <p>2% milk is served with every meal.</p> <p>All starches and vegetables prepared low fat and low sodium.</p> <p>Catered by Aramark</p>			<p>1</p> <p>Pinto Beans Greens Mashed Potatoes Corn Muffin Pears Fig Bar</p>
<p>4</p> <p>BBQ Beef Pattie on Wheat Bun Oven Browned Potatoes Coleslaw Gingerbread Cake</p>	<p>5</p> <p>Meatloaf Mashed Potatoes Green Beans Dinner Roll Applesauce</p>	<p>6</p> <p>Hot Ham w/ Pineapple Glaze Sweet Potatoes Peas Dinner Roll Pears</p>	<p>7</p> <p>Chicken Pot Pie Cauliflower Broccoli Wheat Bread Chocolate Pudding</p>	<p>8</p> <p>Meatballs w/ Gravy Corn Green Peas Parsley Noodles Dinner Roll Oatmeal Cookies</p>
<p>11</p> <p>CLOSED Veteran's Day</p>	<p>12</p> <p>Marinated Pork Chop Black-eyed Peas Carrots Dinner Roll Apple Sauce</p>	<p>13</p> <p>Spaghetti w/ Meat Sauce Mixed Vegetables Tossed Salad Sugar Cookie</p>	<p>14</p> <p>Pinto Beans Mashed Potatoes w/ Gravy Greens Cornbread Muffin Mandarin Orange Chocolate Cake</p>	<p>15</p> <p>Oven Baked Breaded Fish Pattie on Wheat Bun Cole Slaw Green Beans Fruit Cocktail</p>
<p>18</p> <p>Hot Ham w/ Pineapple Glaze Sweet Potatoes Peas Dinner Roll Vanilla Pudding</p>	<p>19</p> <p>Baked Chicken Breast Parsley Rice Mixed Vegetables Pineapple Chunks Biscuit Gingerbread Cake</p>	<p>20</p> <p>Lasagna Tossed Salad Broccoli Garlic Toast Pears</p>	<p>21</p> <p>Hot Dog w/ Chili Baked Beans Coleslaw Fruit Cocktail</p>	<p>22</p> <p>Rotini w/ Meat Sauce topped w/ Mozzarella Cheese Green Salad Stewed Apples Dinner Roll Brownie</p>
<p>25</p> <p>Roast Turkey w/ Gravy Carrots Green Peas Parsley Rice Dinner Roll Peaches</p>	<p>26</p> <p>BBQ Pork on Wheat Bun Cajun Potatoes Green Beans Cole Slaw Chocolate Cake</p>	<p>27</p> <p>Oven Baked Chicken Breast Rice Broccoli Applesauce Dinner Roll Sugar Cookies</p>	<p>28</p> <p>CLOSED Thanksgiving</p> 	<p>29</p> <p>CLOSED Thanksgiving</p>

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December 2013

Mon	Tue	Wed	Thu	Fri
2 BBQ Beef Pattie on Wheat Bun Oven Browned Potatoes Coleslaw Gingerbread Cake	3 Meatloaf Mashed Potatoes Green Beans Dinner Roll Applesauce	4 Hot Ham w/ Pineapple Glaze Sweet Potatoes Peas Dinner Roll Pears	5 Chicken Pot Pie Cauliflower Broccoli Wheat Bread Chocolate Pudding	6 Meatballs w/ Gravy Corn Green Peas Parsley Noodles Dinner Roll Oatmeal Cookies
9 BBQ Chicken Breast Rice Cabbage Rice Dinner Roll Pineapple Cake	10 Marinated Pork Chop Black-eyed Peas Carrots Dinner Roll Apple Sauce	11 Spaghetti w/ Meat Sauce Mixed Vegetables Tossed Salad Sugar Cookie	12 Pinto Beans Mashed Potatoes w/ Gravy Greens Cornbread Muffin Mandarin Orange Chocolate Cake	13 Oven Baked Breaded Fish Pattie on Wheat Bun Cole Slaw Green Beans Fruit Cocktail
16 Hot Ham w/ Pineapple Glaze Sweet Potatoes Peas Dinner Roll Vanilla Pudding	17 Baked Chicken Breast Parsley Rice Mixed Vegetables Pineapple Chunks Biscuit Gingerbread Cake	18 Lasagna Tossed Salad Broccoli Garlic Toast Pears	19 Hot Dog w/ Chili Baked Beans Coleslaw Fruit Cocktail	20 Rotini w/ Meat Sauce topped w/ Mozzarella Cheese Green Salad Stewed Apples Dinner Roll Brownie
23 Roast Turkey w/ Gravy Carrots Green Peas Parsley Rice Dinner Roll Peaches	24 CLOSED Christmas Eve	25 CLOSED Christmas	26 CLOSED	27 Pinto Beans Greens Mashed Potatoes Corn Muffin Pears Fig Bar
30 BBQ Beef Pattie on Wheat Bun Oven Browned Potatoes Coleslaw Gingerbread Cake	31 Meatloaf Mashed Potatoes Green Beans Dinner Roll Applesauce		2% milk is served with every meal. All starches and vegetables prepared low fat and low sodium. Catered by Aramark	



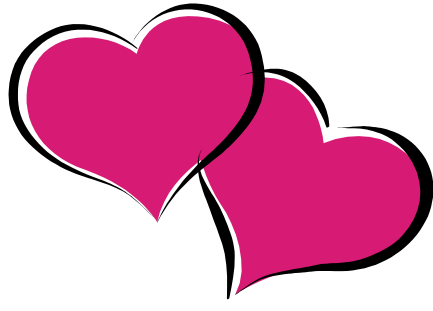
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January 2014

Mon	Tue	Wed	Thu	Fri
	2% milk is served with every meal. All starches and vegetables prepared low fat and low sodium. Catered by Aramark	1 CLOSED New Year's Day 	2 Chicken Pot Pie Cauliflower Broccoli Wheat Bread Chocolate Pudding	3 Meatballs w/ Gravy Corn Green Peas Parsley Noodles Dinner Roll Oatmeal Cookies
	6 BBQ Chicken Breast Rice Cabbage Rice Dinner Roll Pineapple Cake	7 Marinated Pork Chop Black-eyed Peas Carrots Dinner Roll Apple Sauce	8 Spaghetti w/ Meat Sauce Mixed Vegetables Tossed Salad Sugar Cookie	9 Pinto Beans Mashed Potatoes w/ Gravy Greens Cornbread Muffin Mandarin Orange Chocolate Cake
13 Hot Ham w/ Pineapple Glaze Sweet Potatoes Peas Dinner Roll Vanilla Pudding	14 Baked Chicken Breast Parsley Rice Mixed Vegetables Pineapple Chunks Biscuit Gingerbread Cake	15 Lasagna Tossed Salad Broccoli Garlic Toast Pears	16 Hot Dog w/ Chili Baked Beans Coleslaw Fruit Cocktail	17 Rotini w/ Meat Sauce topped w/ Mozzarella Cheese Green Salad Stewed Apples Dinner Roll Brownie
20 CLOSED Martin Luther King, Jr. Day	21 BBQ Pork on Wheat Bun Cajun Potatoes Green Beans Cole Slaw Chocolate Cake	22 Oven Baked Chicken Breast Rice Broccoli Applesauce Dinner Roll Sugar Cookies	23 Spaghetti w/ Meatballs Corn Green Salad Dinner Roll Stewed Apples	24 Pinto Beans Greens Mashed Potatoes Corn Muffin Pears Fig Bar
27 BBQ Beef Pattie on Wheat Bun Oven Browned Potatoes Coleslaw Gingerbread Cake	28 Meatloaf Mashed Potatoes Green Beans Dinner Roll Applesauce	29 Hot Ham w/ Pineapple Glaze Sweet Potatoes Peas Dinner Roll Pears	30 Chicken Pot Pie Cauliflower Broccoli Wheat Bread Chocolate Pudding	31 Meatballs w/ Gravy Corn Green Peas Parsley Noodles Dinner Roll Oatmeal Cookies

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February 2014

Mon	Tue	Wed	Thu	Fri
3 BBQ Chicken Breast Rice Cabbage Rice Dinner Roll Pineapple Cake	4 Marinated Pork Chop Black-eyed Peas Carrots Dinner Roll Apple Sauce	5 Spaghetti w/ Meat Sauce Mixed Vegetables Tossed Salad Sugar Cookie	6 Pinto Beans Mashed Potatoes w/ Gravy Greens Cornbread Muffin Mandarin Orange Chocolate Cake	7 Oven Baked Breaded Fish Pattie on Wheat Bun Cole Slaw Green Beans Fruit Cocktail
10 Hot Ham w/ Pineapple Glaze Sweet Potatoes Peas Dinner Roll Vanilla Pudding	11 Baked Chicken Breast Parsley Rice Mixed Vegetables Pineapple Chunks Biscuit Gingerbread Cake	12 Lasagna Tossed Salad Broccoli Garlic Toast Pears	13 Hot Dog w/ Chili Baked Beans Coleslaw Fruit Cocktail	14 Rotini w/ Meat Sauce topped w/ Mozzarella Cheese Green Salad Stewed Apples Dinner Roll Brownie 
17 Roast Turkey w/ Gravy Carrots Green Peas Parsley Rice Dinner Roll Peaches	18 BBQ Pork on Wheat Bun Cajun Potatoes Green Beans Cole Slaw Chocolate Cake	19 Oven Baked Chicken Breast Rice Broccoli Applesauce Dinner Roll Sugar Cookies	20 Spaghetti w/ Meatballs Corn Green Salad Dinner Roll Stewed Apples	21 Pinto Beans Greens Mashed Potatoes Corn Muffin Pears Fig Bar
24 BBQ Beef Pattie on Wheat Bun Oven Browned Potatoes Coleslaw Gingerbread Cake	25 Meatloaf Mashed Potatoes Green Beans Dinner Roll Applesauce	26 Hot Ham w/ Pineapple Glaze Sweet Potatoes Peas Dinner Roll Pears	27 Chicken Pot Pie Cauliflower Broccoli Wheat Bread Chocolate Pudding	28 Meatballs w/ Gravy Corn Green Peas Parsley Noodles Dinner Roll Oatmeal Cookies
			 <p>YVEDDI YADKIN VALLEY ECONOMIC DEVELOPMENT DISTRICT, INC.</p>	<p>2% milk is served with every meal.</p> <p>All starches and vegetables prepared low fat and low sodium.</p> <p>Catered by Aramark</p>

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March 2014

Mon	Tue	Wed	Thu	Fri
3 BBQ Chicken Breast Rice Cabbage Rice Dinner Roll Pineapple Cake	4 Marinated Pork Chop Black-eyed Peas Carrots Dinner Roll Apple Sauce	5 Spaghetti w/ Meat Sauce Mixed Vegetables Tossed Salad Sugar Cookie	6 Pinto Beans Mashed Potatoes w/ Gravy Greens Cornbread Muffin Mandarin Orange Chocolate Cake	7 Oven Baked Breaded Fish Pattie on Wheat Bun Cole Slaw Green Beans Fruit Cocktail
10 Hot Ham w/ Pineapple Glaze Sweet Potatoes Peas Dinner Roll Vanilla Pudding	11 Baked Chicken Breast Parsley Rice Mixed Vegetables Pineapple Chunks Biscuit Gingerbread Cake	12 Lasagna Tossed Salad Broccoli Garlic Toast Pears	13 Hot Dog w/ Chili Baked Beans Coleslaw Fruit Cocktail	14 Rotini w/ Meat Sauce topped w/ Mozzarella Cheese Green Salad Stewed Apples Dinner Roll Brownie
17 Roast Turkey w/ Gravy Carrots Green Peas Parsley Rice Dinner Roll Peaches	18 BBQ Pork on Wheat Bun Cajun Potatoes Green Beans Cole Slaw Chocolate Cake	19 Oven Baked Chicken Breast Rice Broccoli Applesauce Dinner Roll Sugar Cookies	20 Spaghetti w/ Meatballs Corn Green Salad Dinner Roll Stewed Apples	21 Pinto Beans Greens Mashed Potatoes Corn Muffin Pears Fig Bar
24 BBQ Beef Pattie on Wheat Bun Oven Browned Potatoes Coleslaw Gingerbread Cake	25 Meatloaf Mashed Potatoes Green Beans Dinner Roll Applesauce	26 Hot Ham w/ Pineapple Glaze Sweet Potatoes Peas Dinner Roll Pears	27 Chicken Pot Pie Cauliflower Broccoli Wheat Bread Chocolate Pudding	28 Meatballs w/ Gravy Corn Green Peas Parsley Noodles Dinner Roll Oatmeal Cookies
31 BBQ Chicken Breast Rice Cabbage Rice Dinner Roll Pineapple Cake			2% milk is served with every meal. All starches and vegetables prepared low fat and low sodium. Catered by Aramark	

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