

EAST BEND SENIOR COMMUNITY CENTER NEWS



A North Carolina Senior Center of Excellence

April 2014

Information and Referral

Fitness Health Promotion
Senior Games
Family Support Groups
Transportation Medical/General
Caregivers Classes
Energy Assistance
Home Repair/ Modification
Medicaid/Medicare Benefits
Job Training Placement
Telephone Reassurance
Disaster Services
Long-term Care Facilities
Rehabilitation Services
Durable Medical Equipment Asst. Device
Health Screenings
Food Distribution
Tax Preparation Counseling
Legal Services
Respite Housing
Adult Day Care/Day Health
Reverse Mortgage Counseling
Home Health Services
In-home Aide Services
Hospice Care
Social Security Benefits
Community Mental Health
Congregate/Home Delivered Meals
Insurance Counseling
Report Suspected Abuse, Neglect or Exploitation

Important Announcements

NEW If you have dance fever, we have the remedy!

April 17th at 6:00 p.m. Entertainment by Stan Bobbitt

Light refreshments will be served. \$6 per person plus tips for the band.

Important information: April 8th at 10:45 a.m.

Sherriff Oliver with Yadkin County Sherriff's Dept. will be on-site with Crime Prevention/Scams/Fraud details. Don't let it happen to you "You could be the next victim".

Yadtel Telephone will be on-site April 1st at 11a.m. with a short video and a Q & A session about Yadtel services.

Vita Tax Program

Only 4 days left! (April 3,5,10, & 12) For an appointment, please call the senior center at 336-699-5100.

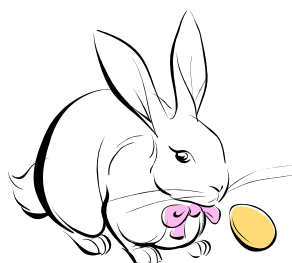
Fundraiser Fun

Stop by, pickup a straw hat, decorate it and return it to the senior center by April 14th .

Hats will be displayed for voting from April 14 - 17

25¢ per vote

The winner will be announced at the Easter Party. See Rhonda for more details.



As a doctor for older people I thought I had heard it all until one day a older fella walked in and told me he has big problems. So I told him not to worry about a thing, I said let me guess, "You're having problems peeing in the morning?" "No," he replied. "I do it like clock work, every morning at 9 o'clock." "OK, so it must be you're having trouble with the bowel movements?" I questioned. "No," he tells me. "I do it every morning at 9:30 like clock work." So I said, "alright, you stumped me." He tells me, "the problem is I sleep till 10!!!"

April 2014

Monday	Tuesday	Wednesday	Thursday	Friday
<p>New on Friday's</p> <p>Open cards 10:30AM Uno, Rook, or Rummy. All cards provided.</p>	<p>1</p> <p>9 Young at Heart 10 Journal Now 11 Yadtel Presentation 12 Painting Club 6 Move & Lose \$4 7 Sassy Seniors</p>	<p>2</p> <p>9 Line Dance \$4 (beginners) 10 Journal Now 11 Dot Music Melodies 12 Paper Beads</p>	<p>3</p> <p>10 Journal Now 11 Nutrition BINGO 7:30 Line Dance Adv\$4</p>	<p>4</p> <p>10 Journal Now. 10:30 Open Cards 11 Movin and Grovin 7 Rook</p>
<p>7</p> <p>9 Line Dance \$4 10 Journal Now 10:30 Birthday Party 11 Word Search 12 Crocheting 4 Clogging 5:30 Variety Dance</p>	<p>8</p> <p>9 Young at Heart 10 Journal Now 11 Deputy Diaz Crime Prevention 12 Painting Club 6 Move & Lose \$4 6 Quilters Guild 7 Sassy Seniors</p>	<p>9</p> <p>9 Line Dance \$4 (beginners) 10 Journal Now 11 Blood Pressure ✓ 12 Paper Beads</p>	<p>10</p> <p>10 Valentines Party 10 Journal Now 11 Nutrition BINGO 7 Ruritan Club 7:30 Line Dance Adv\$4</p>	<p>11</p> <p>10 Journal Now 10:30 Open Cards 11 Moovin & Groovin 7 Rook</p>
<p>14</p> <p>9 Line Dance \$4 10 Journal Now 11 Mt Valley Hospice - Advance Directives 12 Crocheting 4 Clogging 5:30 Variety Dance</p>	<p>15</p> <p>9 Young at Heart 10 Journal Now 11 Smokey Mountain - Behavior Health 12:30 EBPL Movie 12 Painting Club 6 Move & Lose \$4 7 Sassy Seniors</p>	<p>16</p> <p>9 Line Dance \$4 (beginners) 10 Journal Now 11 Show and Tell 12 Paper Beads</p>	<p>17</p> <p>10 Journal Now 11 Easter Party w/ Pat</p>  <p>6:00 Stan Bobbitt \$6 (dance)</p>	<p>18</p> <p>CLOSED Good Friday</p> 
<p>21</p> <p>9 Line Dance \$4 10 Journal Now 11 George Hennings Band 12 Crocheting 4 Clogging 5:30 Variety Dance</p>	<p>22</p> <p>9 Young at Heart 11 EB Library - Trivia W/ Susan 12 Painting Club 6 Move & Lose \$4 7 Sassy Seniors</p>	<p>23</p> <p>9 Line Dance \$4 (beginners) 10 Journal Now 11 Novant Health - "Introduction" 12 Paper Beads</p>	<p>24</p> <p>10 Journal Now 11 BINGO 7:30 Line Dance Adv \$4</p>	<p>25</p> <p>10 Journal Now 10:30 Open Cards 11 Moovin & Groovin 7 Rook</p>
<p>28</p> <p>9 Line Dance \$4 10 Journal now 11 Likes and Dislikes 12 Crocheting 4 Clogging 5:30 Variety Dance</p>	<p>29</p> <p>9 Young at Heart 11 Food Safety Trivia with Pat 12 Painting Club 6 Move & Lose \$4 7 Sassy Seniors</p>	<p>30</p> <p>9 Line Dance \$4 (beginners) 10 Journal Now 11 BINGO 12 Paper Beads</p>	<p>Free movie showing at the Library "Miss Potter" story of Beatrice Potter</p> <p>FREE popcorn and lemonade provided</p>	<p>Lunch served Monday- Friday at 11:30 a.m. for ages 60 and older.</p> <p>Registration required.</p> <p>See Brenda Matthews, Nutrition Site Manager to pre-registered.</p>

Mission Statement: "To Enhance the Quality of life for Senior Adults"



CLOSINGS

April 18th Good Friday

May 6th Voting

May 26 Memorial Day

Consumer Contributions are accepted and will be used to expand services and may be kept confidential. The EBSC's financial report is available for viewing upon request