

Celebration of Healthy Aging

Join us on **May 29th** for a Celebration of Healthy Aging Event

We will leave at **9:30 AM** for Winston-Salem Coliseum National Senior Health Day

Includes Health Screenings, Entertainment, Educational Exhibitors, Games, Refreshments and
lots of FUN!

You will also have the opportunity to participate in Guinness World Record for chair-based exercise

Cost: \$5 per person for transportation

We will stop for lunch on the way back. (Lunch is on your own)

Call your Senior Center to reserve your seat!

East Bend
(336) 699-5100

Surry County
(336) 786-6155

Yadkin County
(336) 679-3596

Jonesville
(336) 526-1087

