

Yadkin Ripple

YVEDDI holds first ever 5K

by Taylor Pardue Staff Reporter

1 days 15 hours ago | 90 Views | 0 Comments |  | 



[Racers crowd around the results sheets to see how they compared to the other participants.](#)



[Racers are presented their medals and gathered for a group picture near the race's finish line.](#)



[YVEDDI's first ever 5K drew in \\$12,000 toward the Meals-on-Wheels program.](#)



[More than 100 people participated in the first ever 5K in Yadkinville for YVEDDI's Meals-on-Wheels program.](#)

YADKINVILLE — YVEDDI held its first ever 5K to benefit the Meals-on-Wheels program Saturday.

The race was held in Yadkinville at 9 a.m. and wound its way around downtown. The 3.1-mile course took runners and walkers down the street, near Unifi, and back into town.

Runners and walkers started at the Yadkinville Senior Center and proceeded down Jackson Street to East Birch Street, looping back to Main. They then travelled down to Hawthorne Drive, around Unifi Business Park and back the same route.

The finish line was located back at the Senior Center, where refreshments were provided and an awards ceremony was held.

More than 100 people took part in the effort to raise money for the organization's senior meals program.

"Today we had 106 participate in the race — run and walk," Cathy Hennings said. Hennings lives in East Bend and helped organize the event.

She and others handed out medals to the top three participants in each category.

"This is our first time having this and we are so excited," Brenda Holbrook said. Holbrook is the director of YVEDDI's Senior Enrichment Program.

The event drew in thousands of dollars despite the unusually cold weather Saturday morning.

"We had 106 participate and made around \$12,000," Holbrook said. "Churches gave, people gave, just pouring out of an abundance of love."

All of the proceeds went toward the Meals-on-Wheels program to keep the organization from having a waitlist.

The program is able to feed all of the seniors who apply for the program and do not have to turn any away at this time. A waitlist is possible if the number of applicants is too great, but Meals-on-Wheels is working to avoid the situation and the unfed seniors that would result.

YVEDDI is funded through federal and local money and has seen an impact from this year's sequester cuts. The organization is hoping to continue these types of fundraisers to counteract any losses of funding in the future.

"That will feed around 20 to 22 people" for a year, Holbrook said. "We don't have a waiting list and we're hoping that with the sequester cuts — they say we may get some cuts in January from the government — so this will offset that and keep our people fed.

"We had a lot of people participating and giving," Holbrook said. "I don't know how to explain it, we're just excited. We're going to make this an annual thing. We're going to continue this."

Results

Female Open Winner — Laura Beach, 28, of Yadkinville with a time of 25:31

Male Open Winner — R.J. Scott, 49, of Bassett, Va., with a time of 19:12

Female 7 to 10 — Maddie Dixon, 10, with a time of 41:35; Grace Carter, 7, of East Bend with a time of 45:41; Gabrielle Nelson, 7, of East Bend with a time of 52:43

Male 7 to 10 — Sterlin Holbrook, 10, of Boonville with a time of 24:41; Samuel Carter, 10, of Yadkinville with a time of 28:11; Ethan Snow, 10, of Yadkinville with a time of 28:30

Female 11 to 15 — Tiana Sanders, 11, of State Road with a time of 29:14; Madison Carter, 12, of East Bend with a time of 33:06; Madison Coe, 15, of East Bend with a time of 45:38

Male 11 to 15 — Matt Wilhelm, 13, of Yadkinville with a time of 25:36; Mason Coe, 11, of East Bend with a time of 26:36; Tallon Flynn, 12, of East Bend with a time of 27:06

Female 16 to 20 — Taylor Wilhelm, 19, of Yadkinville with a time of 32:03

Male 16 to 20 — Gavin Garrison, 16, of York with a time of 53:35

Female 21 to 30 — Kari Standard, 27, of East Bend with a time of 29:49; Amanda Conrad, 23, of East Bend with a time of 31:10; Miranda Hines, 23, of Cornelius with a time of 32:02

Male 21 to 30 — John Travis Shore, 25, of East Bend with a time of 28:21; Dylan Hines, 24, of Cornelius with a time of 29:18; Travis Miller, 29, of East Bend with a time of 29:44

Female 31 to 40 — Sara Rowe, 40, of High Point with a time of 34:14; Kathy Billings, 40, of Sparta with a time of 50:13; Andrea Wall, 37, of East Bend with a time of 51:47

Male 31 to 40 — David Nelson, 33, of East Bend with a time of 23:37; Derrick Willard, 32, of Jonesville with a time of 25:41; Kenny Davis, 36, of East Bend with a time of 26:56

Female 41 to 50 — Cathy Hennings, 48, of East Bend with a time of 28:25; Amy Snow, 42, of Yadkinville with a time of 30:51; Karen Daugherty, 46, of Mocksville with a time of 31:17

Male 41 to 50 — Ron Wilhelm, 47, of Yadkinville with a time of 26:09; Steven Mosteller, 44, of Hamptonville with a time of 26:13; Lynn Snow, 42, of Yadkinville with a time of 28:28

Female 51 to 60 — Rita Davis, 54, of Boonville with a time of 28:52; Diane Phillips, 52, of East Bend with a time of 31:26; Cindy Tarr, 60, of Yadkinville with a time of 32:51

Male 51 to 60 — Richard Ferguson, 55, of Danville with a time of 20:05; Allen Walker, 54, of Hamptonville with a time of 21:20; Bob Davis, 53, of Boonville with a time of 23:17

Female 61 to 70 — Evelyn Money, 62, of State Road with a time of 50:15; Darlene Crews, 63, of Boonville with a time of 50:13; Janet Matthews, 63, of Boonville with a time of 50:26

Male 61 to 70 — Tommy Ashley, 66, of Yadkinville with a time of 27:11; Johnie Hopkins, 67, of Hamptonville with a time of 27:50; Stanley Lineberry, 64, of East Bend with a time of 33:37

Female 71 to 80 — Joy Reddick, 72, of Boonville with a time of 51:10; Pat Weston, 73, of East Bend with a time of 53:08

Male 71 to 80 — Gurney Reddick, 74, of Boonville with a time of 42:32; Marion Welborn, 77, with a time of 58:48

Times reflected are the chip times for the runners, not the gun times.

Reach Taylor Pardue at 835-1513 or at tpardue@civitasmedia.com.