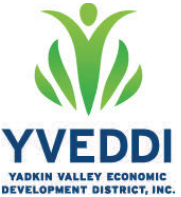




Jonesville Senior Nutrition Center January 2013



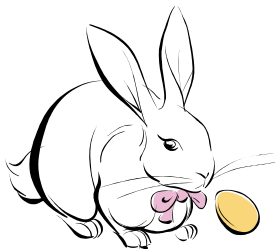
Mon	Tue	Wed	Thu	Fri
	1 CLOSED	2 BINGO w/ Julia New Years Resolutions	3 Blood Pressure w/ Millie Corn Hole Game	4 Movin w/ Gail Trivia w/ Alice
7 Folic Acid Awareness	8 Nutrition w/ Peggy Rhodes Senior Supper	9 BINGO w/ Julia Circle for Fitness w/ Mila	10 Arthritis, Diabetes & Pain w/ Larry Moore, Geri Medical	11 Andy Griffith Video
14 Guitar w/ Clyde	15 Blood Pressure w/ Millie D-Rex w/ Karen Sealy	16 BINGO w/ Julia Word Search Puzzle	17 Blood Pressure w/ Millie Healthy Weight	18 Jonesville Library, Barbara Gilpin
21 CLOSED	22 Nutritional Foods w/ Peggy	23 BINGO w/ Julia Congregate Meeting	24 Friends of Bills Band	25 Arlington Fire & Rescue, Heather
28 Guitar w/ Clyde	29 Safety w/ Peggy	30 BINGO w/ Julia	31 Blood Pressure w/ Millie Checkers	



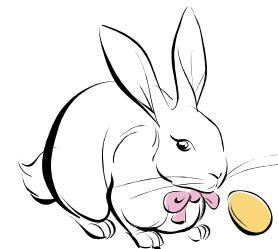
February 2013



Mon	Tue	Wed	Thu	Fri
				1 -Movin w/ Gail -Trivial w/ Alice
4 Word Search Puzzle	5 Amy Whilhelm, Mtn. Valley Hospice	6 -BINGO w/ Julia -Nutrition w/ Peggy -Prayer Shawls	7 -BP w/ Millie -BINGO -Van Shopping	8 Arlington Fire & Rescue, Heather Macy
11 Guitar w/ Clyde	12 -Geri Medical Exercise for Arthritis w/ Larry Moore -Senior Supper	13 -BINGO w/ Julia -Circle for Fitness w/ Mila -Prayer Shawls	14 -BP w/ Millie -BINGO -Valentine Party 	15 Jonesville Library, Barbara Gilpin
18 Presidents w/ Peggy	19 D-Rex w/ Karen Sealy	20 -BINGO w/ Julia -Raydon w/ Marilyn Wells -Prayer Shawls	21 -BP w/ Millie -BINGO -Van Shopping	22 American Cancer Society w/ Allison Reeves
25 Guitar w/ Clyde	26 Congregate Meeting	27 -BINGO w/ Julia -Nutrition Program w/ Peggy -Prayer Shawls	28 Friends of Bills Band	



March 2013



Mon	Tue	Wed	Thu	Fri
				1 <i>Trivia w/ Alice</i>
4 <i>Exercise w/ Joyce</i>	5 <i>BP w/ Millie Amy Whilhelm, Mtn. Valley Hospice</i>	6 <i>BINGO w/ Julia Nutrition w/ Peggy Prayer Shawls</i>	7 <i>BINGO Van Shopping</i>	8 <i>Corn Hole Game</i>
11 <i>Guitar w/ Clyde</i>	12 <i>BP w/ Millie Nutrition w/ Peggy Senior Supper</i>	13 <i>BINGO w/ Julia Circle for Fitness w/ Mila Prayer Shawls</i>	14 <i>BINGO</i>	15 <i>Jonesville Library w/ Barbara Gilpin</i>
18 <i>Poison Prevention w/ Maxine</i>	19 <i>BP w/ Millie D-Rex w/ Karen Sealy</i>	20 <i>BINGO w/ Julia Safety w/ Peggy Prayer Shawls</i>	21 <i>BINGO Van Shopping</i>	22 <i>Checkers & Puzzles</i>
25 <i>Guitar w/ Clyde</i>	26 <i>BP w/ Millie Congregate Meeting</i>	27 <i>BINGO w/ Julia Prayer Shawls</i>	28 <i>Friends of Bills Band Easter Party</i>	29 <i>CLOSED</i>





April 2013



Mon	Tue	Wed	Thu	Fri
1 CLOSED	2 Stress Management w/ Amy Wilhelm, Mtn. Valley Hospice	3 BINGO w/ Julia Prayer Shawls	4 BP w/ Millie BINGO Van Shopping	5 Trivia w/ Alice
8 Radon Marilyn Wells	9 VA Scams w/ Chuck Knight Senior Supper	10 BINGO w/ Julia Circle for Fitness w/ Mila Prayer Shawls	11 BP w/ Millie BINGO	12 Corn Hole Game
15 Guitar w/ Clyde	16 Karen Sealy w/ D-Rex	17 BINGO w/ Julia Prayer Shawls	18 BP w/ Millie BINGO Van Shopping	19 Barbara Gilpin w/ Jonesville Library
22 Exercise w/ Joyce	23 Nutrition w/ Peggy	24 BINGO w/ Julia Prayer Shawls	25 Friends of Bills Band	26 Nutrition Word Search Puzzles
29 Guitar w/ Clyde	30 Safety w/ Peggy			



May 2013



Mon	Tue	Wed	Thu	Fri
		1 BINGO w/ Julia Prayer Shawls	2 BINGO Van Shopping	3 Trivia w/ Alice
6 Safety Program w/ Peggy	7 BP w/ Millie Amy Whilhelm, Mtn. Valley Hospice	8 BINGO w/ Julia Circle for Fitness w/ Mila Prayer Shawls	9 BINGO	10 Sodium w/ Maxine
13 Guitar w/ Clyde	14 BP w/ Millie Exercise w/ Joyce Senior Supper	15 BINGO w/ Julia Prayer Shawls	16 BINGO Van Shopping	17 Barbara Gilpin, Jonesville Library
20 Nutrition Program w/ Peggy	21 BP w/ Millie Karen Sealy, D-Rex	22 BINGO w/ Julia Prayer Shawls	23 Friends of Bills Band	24 UV Safety w/ Maxine
27  CLOSED Memorial Day	28 BP w/ Millie Being a Survivor w/ Kathy Chaffin	29 BINGO w/ Julia Prayer Shawls	30 BINGO	31 Corn Hole Game



June 2013



Mon	Tue	Wed	Thu	Fri
<p>3</p> <p>Word Search</p>	<p>4</p> <p>BP w/ Millie Fibromyalgia w/ Amy Whilhelm, Mtn. Valley Hospice</p>	<p>5</p> <p>BINGO w/ Julia Circle for Fitness w/ Mila Prayer Shawls</p>	<p>6</p> <p>BINGO</p>	<p>7</p> <p>Trivia w/ Alice</p>
<p>10</p> <p>Guitar w/ Clyde Nutrition w/ Peggy</p>	<p>11</p> <p>BP w/ Millie The Ozone w/ Kathy Chaffin</p>	<p>12</p> <p>BINGO w/ Julia Prayer Shawls</p>	<p>13</p> <p>BINGO Van Shopping</p>	<p>14</p> <p>Fire & Rescue Safety w/ Heather, Arlington Fire & Rescue</p>
<p>17</p> <p>Nutrition w/ Christine Greene</p>	<p>18</p> <p>BP w/ Millie D-Rex w/ Karen Sealy</p>	<p>19</p> <p>BINGO w/ Julia Prayer Shawls</p>	<p>20</p> <p>BINGO</p>	<p>21</p> <p>Barbara Gilpin, Jonesville Library</p> 
<p>24</p> <p>Guitar w/ Clyde Safety w/ Peggy</p>	<p>25</p> <p>BP w/ Millie Sitting Exercises w/ Joyce</p>	<p>26</p> <p>BINGO w/ Julia Prayer Shawls</p>	<p>27</p> <p>Friends of Bills Band</p>	<p>28</p> <p>Checkers</p>



July 2013



Mon	Tue	Wed	Thu	Fri
1 Ping Pong	2 BP w/ Millie Amy Whilhelm w/ Mtn. Valley Hospice	3 BINGO w/ Julia Circle for Fitness w/ Mila Prayer Shawls	4 CLOSED 	5 CLOSED
8 Guitar w/ Clyde	9 Word Search Puzzle	10 BINGO w/ Julia Prayer Shawls	11 BINGO Van Shopping	12 Trivia w/ Alice
15 Nutrition w/ Peggy	16 BP w/ Millie Karen Sealy, D-Rex	17 BINGO w/ Julia Prayer Shawls	18 BINGO	19 Barbara Gilpin, Jonesville Library
22 Guitar w/ Clyde	23 Kathy Chaffin, YVEDDI	24 BINGO w/ Julia Prayer Shawls	25 Friends of Bills Band	26 Reece & Logan, Arlington Fire & Recue
29 Safety w/ Peggy	30 BP w/ Millie Balance Exercise	31 BINGO w/ Julie Prayer Shawls		 YVEDDI YADKIN VALLEY ECONOMIC DEVELOPMENT DISTRICT, INC.



August 2013



Mon	Tue	Wed	Thu	Fri
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30



September 2013



Mon	Tue	Wed	Thu	Fri
2 CLOSED Labor Day	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				



October 2013



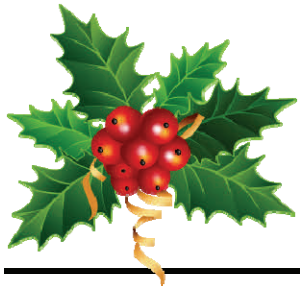
Mon	Tue	Wed	Thu	Fri
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31 <i>Halloween</i>	

November 2013



Mon	Tue	Wed	Thu	Fri
				1
4	5	6	7	8
11 CLOSED Veterans Day 	12	13	14	15
18	19	20	21	22
25	26	27	28 CLOSED	29 CLOSED





December 2013



Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24 CLOSED Christmas Eve	25 CLOSED Christmas 	26 CLOSED	27
30	31			